

10th November 2023

Principal's Update

This week has seen students take part in various PE activities, a 3D Design trip to the Sainsbury Centre in Norwich and a Music trip to a countywide singing competition.

On Monday students can wear "silly socks" to raise awareness for anti-bullying week – please see the information below.

Over the next two weeks Y11 students have their winter exams in the hall. This means that students will need to collect food from the back of the dining room at breaktime, and I would ask everyone to be considerate towards those taking their exams when they are moving around near the hall so as to reduce noise in that area. We wish y11 the best of luck with their exams!

Finally, please be aware that Friday 24th November is an INSET day and the school will be closed to students.



Wear odd socks on Monday 13th November if...

- You know how to report bullying or unkind behaviour
- You do not tolerate bullying or unkind behaviour
- You want to be part of the fun!

and raise awareness

Monday 13th November during Anti-Bullying Week 2023

Odd Socks Day

If you have spare Silly Socks – please donate them to the SafeSpace so others can join in – *make sure they are not smelly!* 😊

The poster features a dark blue background with a large pink exclamation mark and a circular inset showing various colorful socks. There are also small icons of a sock and a shoe.

Trips and Visits

3D Design Trip

Our Y10 3D design students had a great day despite the weather studying the sculptures at the Sainsbury Centre including a potato sculpting workshop with Ian Brownlie to support their sculpture project looking at Barbara Hepworth.

Echoes of the East

Miss Riley took nine singers in years 10 and 11 on a trip to Inspiration Teaching School Hub on Wednesday this week.

The event was organised by the Norfolk Music Hub and gave the students the opportunity to sing with seven other schools across the county in a workshop led by Mark De-Lisser. The group will be meeting again and auditioning in The Music For Youth Regional performance in March. If successful they could be in for the chance of performing in Birmingham Symphony Hall and the Royal Albert Hall! They sounded incredible and we look forward to the next rehearsal in February.



PE Update

Year 7-9 Cross Country

As the inter-schools' cross-country events approach and the hall is used for exams, we take this opportunity to run a cross-country unit of work for years 7-9 which culminates in a House competition in a few weeks' time.

We want students' experiences of cross-country to be a positive one, to show what they can achieve, to improve on their times and to do as well as they can, in the hope they have a positive experience and can take this forward and run (for free) if they choose to in the future to remain fit and healthy. This unit is about ways to maintain health as much as it is about fitness. From these lessons some students will be invited to represent the school in the inter-school cross country event later this term.

Kit (all)

Coming prepared for PE is a key part of this. Students are encouraged to wear plain black base layers under their usual Broadland kit in the colder weather and for cross country only may wear plain black sporting gloves. Students should be appropriate footwear for running on the field and longer/thicker socks. If a student has a lightweight black sport jacket (without large logo/ writing) on a rainy day for cross country, this will be allowed at the teachers discretion. However big bulky coats and hoodies are never to be worn. Students are expected to wear Broadland jumpers/tops.

Medical notes

If you have been to the doctors and have a medical note, please do share that with us. In all PE lessons students are expected to change so that they can be involved in some way and are still in the environment to learn and if it is an outdoor session, it ensures they do not get their normal uniform wet or muddy if they are for example helping on the field. Where possible share with what students 'can' do so that they are as involved as possible in these instances

Sanitary wear

If a student needs sanitary wear there is some kept in the PE area, please ask a member of the PE team if you need to know where these items are kept.

Clubs

If you have signed your child up for a club and are no longer attending, please remove them as they are taking up a spot someone else could be using - this is particularly important for basketball club! Please ensure students are signing up for clubs via Edulink.

Thank you for your support.

Mrs Hewitt-Keel (Head of PE)

10th November 2023

Enrichment

Thank you to the students who entered the English Department's creative writing competition. House Points will be awarded, and winners announced shortly. A big well done to everyone who entered the Art department's Pumpkin Carving competition: you have earned points for your House, and the winners were Talulah Reardon and Amy Hitcham. The standard was amazing!



Ormiston's got Talent

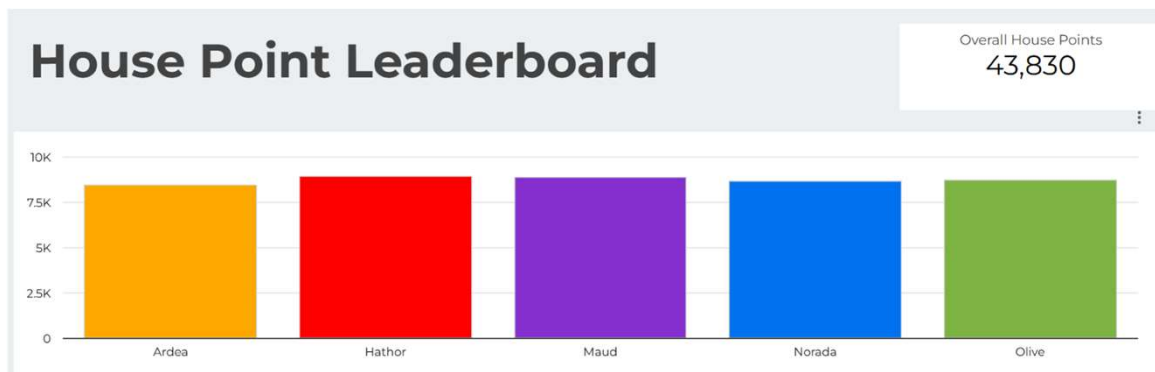
is up and running. If students are interested, they need to submit a 2-minute video to **Mr Howard or Miss Riley by Friday 24th November**. The winners will go on to represent Broadland in the Ormiston Final. There are lots of prizes to be won. (please see the poster attached).

Young Apprentice Competition

We have a Young Apprentice challenge up and running (see poster below). This is a design challenge where students can design a pair of trainers and talk about their design choices (see poster on next page). The winners will have the chance for their trainers. The deadline is **Friday 17th November**. For further information, students should see **Mr Tregale**.

House Point Leaderboard

The race for the house cup remains a close contest, with Hathor House currently holding a slight lead over Maud House. Remember, every enrichment activity entered gains point for student's individual totals, but also for their House.



10th November 2023

YOUNG APPRENTICE

**THINK YOU HAVE
BUSINESS SAVVY OR
AN EYE FOR DESIGN?**

Welcome to the Young Apprentice

Your task is to design and market a pair of shoes or trainers.
The more creative, the better!

Go freestyle and draw your design, or use the customisation tools provided by companies such as Nike, Vans and Converse. Use your customised design in your advertisement campaign to get attention - make sure you appeal to your target audience.

Finally, write about your design and your advertisement; what did you do, and why?

Prizes will be awarded to winners from primary, secondary and sixth form. And, the best part - the prizes are the winning designs, so you can actually win your own customised footwear!

Sports Report

Boys Football

The Year 7 boys competed extremely well in the OAT/NCFC football tournament at The Sportspark. They only conceded 2 goals in 5 matches eventually finishing runners up in the Nations Cup with a penalty shoot-out defeat. Goals scored by: Ethan 2, Marcus and Henry.

Cup exit!

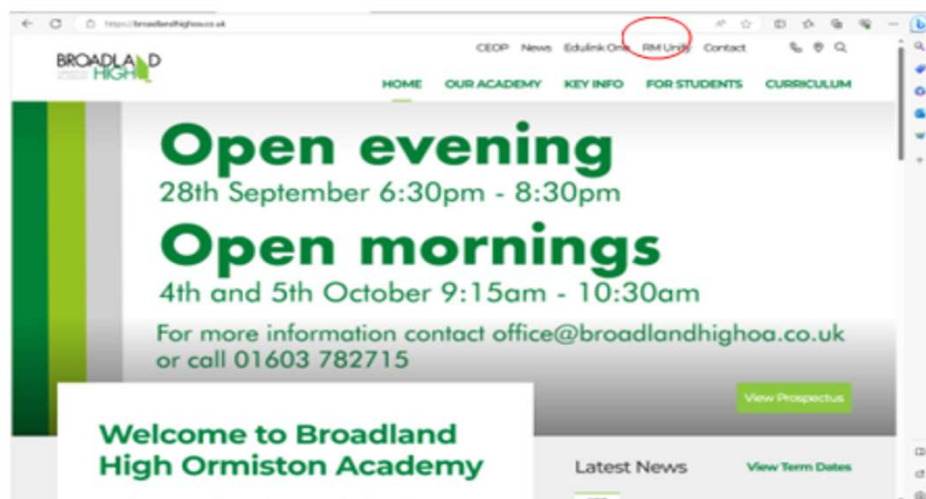
A tough afternoon for the Yr 8 boys in the County Cup against Ormiston Venture. Conceding a goal inside 60 seconds wasn't the best start. The boys battled hard in the second half and put in a much improved performance. Player of the Match - Archie H.



Accessing School Accounts From Home

How to access Teams, Office 365 and Outlook from home:

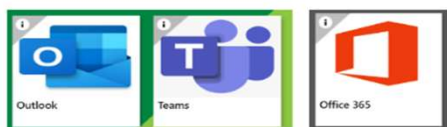
1. Go to the Broadland website.
2. Click the RM Unify button at the top of the page.



3. Sign in using student username and password:

Username: 23 followed by first letter of first name, then last name (**Example: 23aking**)

Password: The same password students use to log onto the computers at school



4. Click sign in and it will load up the Broadland RM Unify launch pad where you will find Teams, Outlook and Office 365.
5. To log into Outlook, use the same details used for logging into RM Unify. It may ask for your email address which is, your username followed by @broadlandhighoa.co.uk (**Example: 23aking@broadlandhighoa.co.uk**)

What does your sparetime look like?



Flying, sports, target shooting, drill, adventure training, camping, fieldcraft, canoeing, archery, abseiling and more...
all whilst hanging out with new friends and having fun!

222 (Broadlands) Squadron Air Cadets

Monday and Friday evenings | 7–9.30pm

Broadland High Ormiston Academy

Are you
12 years old
and in Year 8?

Join us today!

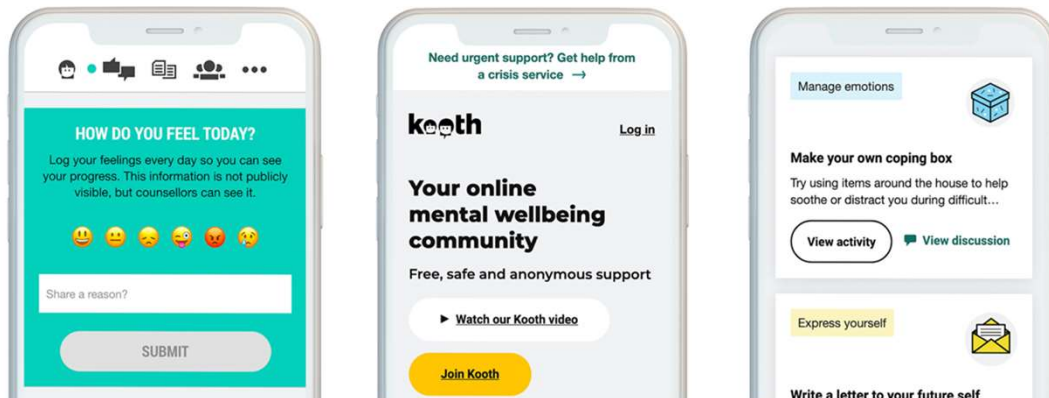
Register your interest by emailing
222@rafac.mod.gov.uk

or visit 222-atc.org.uk



**ROYAL
AIR FORCE
AIR CADETS**
the next generation

Kooth



Kooth is a web based confidential support service available to young people. Kooth provides a safe and secure means of accessing mental health and wellbeing support designed specifically for young people.

Kooth offers young people the opportunity to have a text-based conversation with a qualified counsellor. Counsellors are available from 12noon to 10pm on weekdays and 6pm to 10 pm at weekends, every day of the year on a drop-in basis. Young people can access regular booked online counselling sessions as needed. Outside counselling hours' young people can message our team and get support within 24 hours.

When students register with **Kooth** they will have support available to them now and in the future. Support can be gained not only through counselling but articles, forums and discussion boards. All content is age appropriate, clinically approved and fully moderated.

To find out more visit

www.Koothplc.com (adults)

www.kooth.com (young people)

where young people can register and others can find out more about the service.

You can also view a short video about the service at: <https://vimeo.com/318731977/a9f32c87de>.

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Safer Schools App

As part of OAT we have free access to the Safer Schools App. The Safer Schools App is an award-winning safeguarding resource, developed in partnership between Ineqe Safeguarding Group and Zurich Municipal, that helps entire school communities to better protect themselves in the digital world, through delivering contemporary and contextual safeguarding information to teachers, students, parents and carers.

Parents and carers have access to information on the popular social media platforms used by their children and their friends. They are also provided with an insight on critical issues such as bullying, sexting and gaming and are given easy to follow advice on how they can make their homes and the devices they give their children safer. Parents and carers can download the app and scan the QR code to the left or enter the code for our academy - 7675.

Students have access to age appropriate information, advice and guidance on keeping themselves safe online. Students can download the app and scan the QR code to the right or enter the code for our academy - 4898. If you have any questions or concerns about safeguarding please do not hesitate to contact one of the BHOA team.

danielleratcliffe@broadlandhighoa.co.uk rachelwyatt@broadlandhighoa.co.uk melaniestubbings@broadlandhighoa.co.uk

Download the app....



Safer Schools 9+
Ineqe Safe and Secure
★★★★★ 5.0, 9 Ratings
Free