

## Principals Update

Last night we welcomed back the Class of 2023 for our annual GCSE Celebration Evening. It was fantastic to be able to celebrate their success, and also to hear from former Student Philip Gay who was our guest speaker. Philip spoke to students about his route to working with Jaguar Landrover as part of his degree apprenticeship.

Congratulations to Mr Prochera and the Eco-Council who have been awarded runner up in the Bishop of Norwich First Nature Award. This is a new award to encourage organisations and community groups to work with young people to help them reconnect with nature for their wellbeing and recognises the work that has taken place to develop our outdoor spaces.

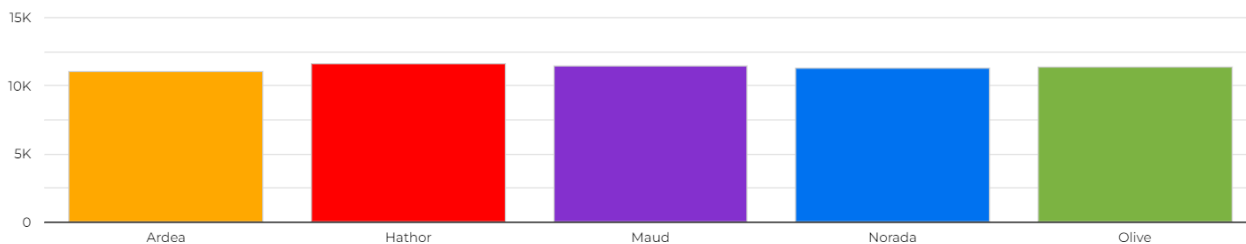
This new award, administered by Norfolk Green Care Network, is to recognise projects or organisations that have already begun work to expand opportunities for children up to the age of 16 years inclusive to be able to connect with nature in ways that will benefit their health and wellbeing.

I hope that you have a good weekend.

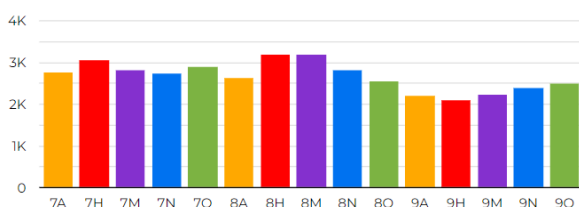


## House Point Leaderboard

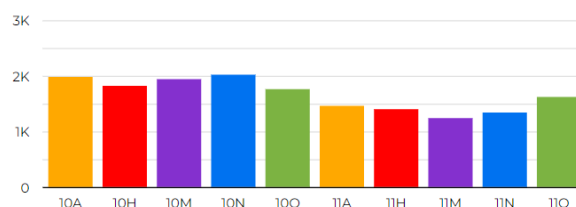
Overall House Points  
56,980



### Key Stage 3 Forms



### Key Stage 4 Forms



1st December 2023

**Year 7-9 core PE**- All students on football from Monday please ensure correct kit. MUST have a change of socks ideally long black football socks. Shin pads and football boots/astros advised where possible. Goalkeepers may bring their own gloves if they wish.

### **EduLink- signing up for clubs**

Please remember to sign up your child for clubs so that they are on the registers and remove them if they are no longer attending as clubs have limited capacity. Wc 4<sup>th</sup> December is the last week of 'normal' clubs.

### **Cross- country**

Students have engaged really well with the cross-country unit of work. It is great to see students taking ownership of their own effort and health. Students have succeeded in many ways, most notably improving times across the lessons. Remember there are various Parkruns (free running events on Saturday mornings) in the area, please see this map to find your local Parkrun event [events | parkrun UK](#) or search 'parkrun locator'.

Students who have obtained the fastest times in their age categories have been invited via EduLink to the schools cross country event on Wednesday 6<sup>th</sup> (returning to school at 3:30pm), please confirm via EduLink if that applies to your child.

### **Year 7-9 Inter-house winter sports night 12<sup>th</sup> December**

There will be netball, girls football, boys football and basketball events running afterschool on the December 12<sup>th</sup> 3-4:30pm.

these games will be mixed across year groups please see sports captains to sign up by the end of next week (8<sup>th</sup> December).

*\*Please note that normal clubs will not be running that night- please sign up for House events*

### **Just dance House party 3-4pm 14<sup>th</sup> December**

A point for every student who attends, 2 points for every staff member from your House

1st December 2023

## Sports Report

In October, Evey attended a competition in Oldbury and won the National HDKI kata title (girls 12-15) against competitors from England, Wales and Ireland. Last weekend, Evey passed her 2nd Dan grading (Nidan) with high marks.





In keeping with our commitment to provide students with outstanding careers guidance and tailored support when choosing their next steps after school, Broadland will shortly be using Unifrog, an award-winning, online destinations platform. All students in all Years will have access to this website by the end of the academic year.

We will begin with Year 10 students to enable them to add work experience placements - we will send Y10 students and their parents further information about how to do this next week.

Students access the platform by clicking a link in their welcome email, which will also be sent to their school email address next week. They will then be able to create a password and can begin using the platform.

They will sign in to Unifrog using their academy email address and password and they can do so from any computer, tablet, or smartphone. We would encourage you to use the platform with your child so you can support them through the process of deciding their next step.

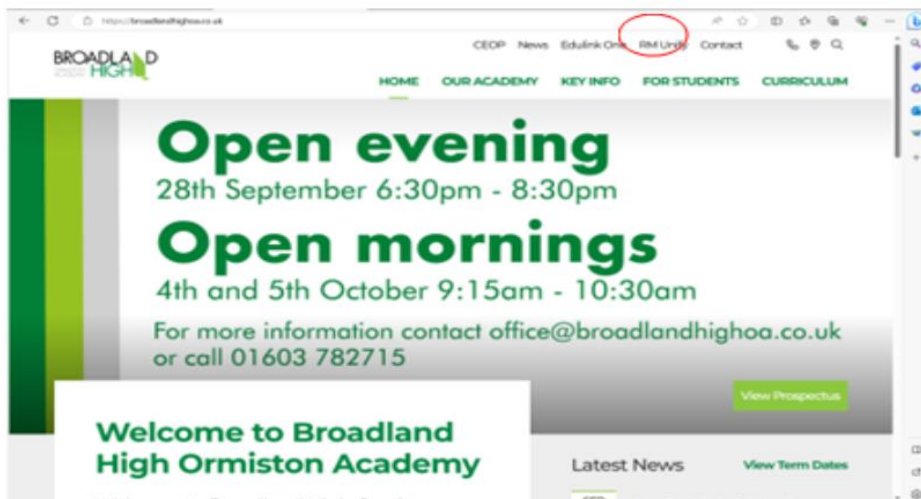
Unifrog is the universal destinations platform and is designed to support learners in making the most informed decisions about their futures and has a range of tools that are suitable for all year groups. Each student has their own account where they can explore all the career and next step options available to them and find information on everything from managing their workload to writing a winning CV. Students have access to a wide variety of video and written content, and interactive quizzes and tests, including:

<b>Section of the platform</b>	<b>Examples of what students can do</b>	<b>Suitable age range</b>
Quizzes	Finding their interests, personality type, preferred work environment, and skillset.	Years 7-11
Exploring pathways	Explore careers, career sectors, subjects, sign up to free webinars, explore MOOCs and courses, and find wider reading materials.	Years 7-11
Recording what you've done	Record their in-class and extracurricular activities, record examples of their skills, and see the record of CEIAG events the school has added to their accounts.	Years 7-11
Work experience placements	Record their work experience placement, keep track of its approval process, fill in a day today placement diary.	Year 10

## Accessing School Accounts From Home

How to access Teams, Office 365 and Outlook from home:

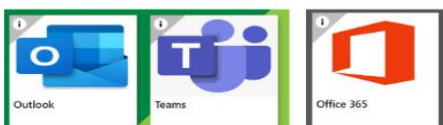
1. Go to the Broadland website.
2. Click the RM Unify button at the top of the page.



3. Sign in using student username and password:

**Username:** 23 followed by first letter of first name, then last name (**Example: 23aking**)

**Password:** The same password students use to log onto the computers at school



4. Click sign in and it will load up the Broadland RM Unify launch pad where you will find Teams, Outlook and Office 365.
5. To log into Outlook, use the same details used for logging into RM Unify. It may ask for your email address which is, your username followed by @broadlandhighoa.co.uk (**Example: 23aking@broadlandhighoa.co.uk**)

# What does your sparetime look like?



Flying, sports, target shooting, drill, adventure training, camping, fieldcraft, canoeing, archery, abseiling and more...  
**all whilst hanging out with new friends and having fun!**

## 222 (Broadlands) Squadron Air Cadets

Monday and Friday evenings | 7–9.30pm

Broadland High Ormiston Academy

Are you  
12 years old  
and in Year 8?

## Join us today!

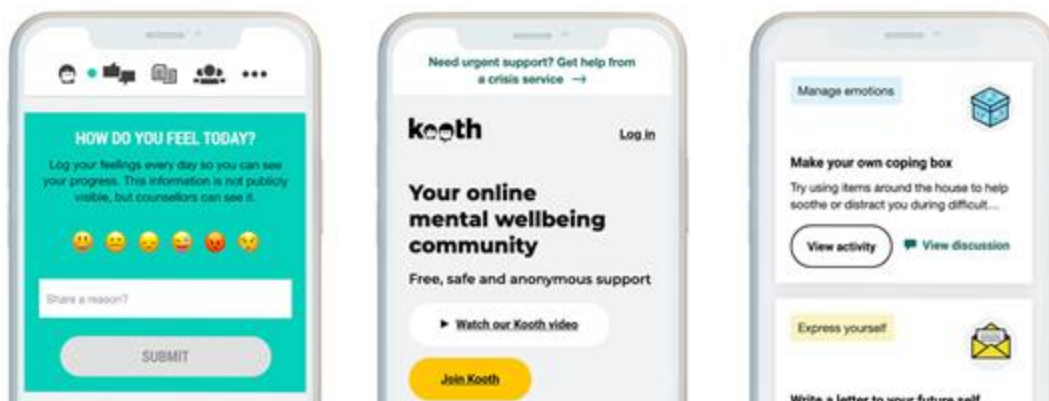
Register your interest by emailing  
[222@rafac.mod.gov.uk](mailto:222@rafac.mod.gov.uk)

or visit [222-atc.org.uk](http://222-atc.org.uk)



**ROYAL  
AIR FORCE  
AIR CADETS**  
the next generation

## Kooth



**Kooth** is a web based confidential support service available to young people. Kooth provides a safe and secure means of accessing mental health and wellbeing support designed specifically for young people.

**Kooth** offers young people the opportunity to have a text-based conversation with a qualified counsellor. Counsellors are available from 12noon to 10pm on weekdays and 6pm to 10 pm at weekends, every day of the year on a drop-in basis. Young people can access regular booked online counselling sessions as needed. Outside counselling hours' young people can message our team and get support within 24 hours.

When students register with **Kooth** they will have support available to them now and in the future. Support can be gained not only through counselling but articles, forums and discussion boards. All content is age appropriate, clinically approved and fully moderated.

To find out more visit

[www.Koothplc.com](http://www.Koothplc.com) (adults)

[www.kooth.com](http://www.kooth.com) (young people)

where young people can register and others can find out more about the service.

You can also view a short video about the service at: <https://vimeo.com/318731977/a9f32c87de>.

1st December 2023

## Safer Schools App

As part of OAT we have free access to the Safer Schools App. The Safer Schools App is an award-winning safeguarding resource, developed in partnership between Ineqe Safeguarding Group and Zurich Municipal, that helps entire school communities to better protect themselves in the digital world, through delivering contemporary and contextual safeguarding information to teachers, students, parents and carers.

Parents and carers have access to information on the popular social media platforms used by their children and their friends. They are also provided with an insight on critical issues such as bullying, sexting and gaming and are given easy to follow advice on how they can make their homes and the devices they give their children safer. Parents and carers can download the app and scan the QR code to the left or enter the code for our academy - 7675.

Students have access to age appropriate information, advice and guidance on keeping themselves safe online. Students can download the app and scan the QR code to the right or enter the code for our academy - 4898. If you have any questions or concerns about safeguarding please do not hesitate to contact one of the BHOA team.

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