

2nd February 2024

Principals Update

Good afternoon, I hope this this week's bulletin finds you well. It was a chip heavy lunchtime today as we celebrated with students completing their DofE Bronze and Silver awards alongside handing out free chips to 11H who won this week's revision competition by some margin (there were some very pleased students who picked up both revision and DofE chips!)

The presentation of Duke of Edinburgh certificates represents the culmination of a period of real commitment and hard work from students, and they should be rightly proud. As always, congratulations to Mr Liley and the superb team that support the students. Photo's of the award winners are overleaf.

Miss Roberts, our Head of PSHE, has organised our first PSHE week, scheduled for the week commencing February 5th. Students will be talking part in extra PSHE sessions in form time. This week serves as a valuable opportunity for our students to delve into essential life skills and knowledge in addition to their lessons.

Here's a brief overview of the focus topics for each year group:

Year 7 - Treating People Equally: Empowering our students with the principles of equality, fostering an inclusive environment for all.

Year 8 - Safety and Risk: Nurturing awareness and responsible decision-making to ensure the safety and well-being of our students in various aspects of life.

Year 9 - Money Management: Equipping students with foundational skills for effective money management, preparing them for future financial responsibilities.

Year 10 - Democracy and International Laws: Engaging students in understanding the principles of democracy and international laws, fostering a global perspective on civic responsibilities.

Year 11 - Managing Stress and Preparing for Next Steps: Providing strategies for stress management and guiding students in preparation for their future endeavours post-secondary education.

Thank you for your continued support in ensuring the well-rounded development of our students. If you have any questions or concerns, please do not hesitate to contact Miss Roberts.

You'll also find in this week's bulletin details of two new OAT competitions available for students to enter.

Have a good weekend

BROADLAND BULLETIN

Principal: Matthew Sprake
Vice Principal: Simon Laycock

2nd February 2024

Bronze Award



Silver Award



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Art and Design

Please find below a picture of some Year 8 Textile students who have finished their decorative cushions this week. They made their own printing block with their chosen design, printed the fabric with a repeated pattern and then made the cushion with their printed fabric. They tie dyed the back. They were very happy with the finished results!



Sports Updates:

Year 7 Boys Football

The Year 7 boys football team on Tuesday afternoon were defeated by a strong Sprowston side in the County Plate Competition. The boys battled extremely hard, created a number of chances with Oskey netting a penalty with five minutes remaining. We couldn't quite find an equaliser but a performance to be proud of. Year 8 boys are in action this afternoon against Taverham in the County Plate Competition.



Cross Country

Good luck to Niamh Mcinally and Jonah Life who are representing Norfolk this weekend in the County x-Country Championships in Lincolnshire after a very wet Norfolk heats!.



National Apprenticeship week 5th-11th February

If you or your child is interested in finding out about apprenticeships, how to apply, sectors and various levels of apprenticeships, please see this link: [Parents and carers guide to apprenticeships](#)



OAT in Bloom

[OAT]
Ormiston Academies Trust
ACHIEVING MORE TOGETHER

2024 will see the 60th anniversary of Britain in Bloom. Over the years, Britain in Bloom has continued to bring people together, forged life-long relationships and enriched lives. The theme for this milestone year is 'friendship', and you are invited to get involved in an OAT competition, 'OAT in Bloom'.

The hope is that this event will inspire each OAT academy and their communities to make positive changes to their local environment through horticultural, environmental and community action.

This is an exciting time for all you green fingered students, staff, parents, and families to get gardening. Whether you are planting hanging baskets or raised planters, from vegetables patches to gardens, whatever you choose to grow and nurture, now is your time to shine.

Please submit evidence of your gardening project as photos to eco@ormistonacademies.co.uk.

- Each submission email should have the title 'OAT in Bloom'.
- Each submission must have the name of the person submitting. For pupils, please add age and year group.
- Each submission should include the academy name.

Deadline to submit is the end of the summer term 2024. Winners will be announced in **September 2024**.

Competition categories and requirements:

Best wild meadow

The goal of this category is allowing an area to return to nature and allow biodiversity to flourish.

Best garden design on paper

The goal of this category is to submit a garden designed on paper, fully annotated with a minimum of five labels explaining the garden design.

Most colourful display

The goal of this category is to create the most colourful planting display with the most impact

Best mini marvel

The goal of this category is to effectively utilise space and create a visual display of colour creatively with design and layout in a miniature space.

Best raised bed, container planting, including hanging baskets

The goal of this category is to effectively grow within raised beds, containers or in hanging baskets, being resourceful and eco-friendly in what is being used as containers

Best vegetable patch/fruit orchard/greenhouse

The goal of this category is to showcase the sustainability of food growing and its benefits for health and wellbeing.

Best community garden

The goal of this category is to develop an outdoor space that improves the local community/neighbourhood

Any questions please contact eco@ormistonacademies.co.uk.



YOUROATVISION SONG CONTEST

YourOATvision Song Contest is a composing and song writing competition, created exclusively for OAT pupils. Pupils are encouraged to write and record a song around the theme of 'Belonging'.

The competition has been inspired by the famous Eurovision Song Contest and we hope to see as many academies participate as possible.

This is the first year of running this competition and we hope it will grow into a wonderful annual showcase of OAT's budding musicians!

Any staff member within your academy can run this competition, it could be a science technician who is in a band or part of the catering team who has a passion for composing, it can be a weekly enrichment club, a one-off workshop, or pupils can simply work as an individual or group and send it to the named staff contact in academy, who will then submit it to the central team by emailing youroatvisionsongcontest@ormistonacademies.co.uk on their behalf.

Where academies have more than one entry, they will need to vote for their favourite and submit it to youroatvisionsongcontest@ormistonacademies.co.uk no later than **26 April 2024**. All entries will be reviewed by judges on **3 May 2024**. The winning song will be celebrated with an announcement on **Friday 10 May 2024**.

Submission requirements:

- ★ Quality audio or video recording of the song, no longer than two minutes long.
- ★ Written copy of the lyrics.
- ★ A short description, either verbal or written, of how their song links to the theme of 'Belonging'.
- ★ Solo, duet, and group* performances welcome.
- ★ All submissions must include a credits list which details names of pupils involved, year group, academy and their roles in the performance or composition.
- ★ Band or performer name where applicable.

*Groups should include no more than 15 performers.

If you have any queries, please either contact your regional enrichment social action co-ordinator (RESA) or email youroatvisionsongcontest@ormistonacademies.co.uk

Timescale

Launch date: 15 January 2024

Submission to staff in school: 19 April 2024

Academies to select favourite song and submit no later than 26 April 2024*

Judging will take place on 3 May 2024

Announcement of winning song on 10 May 2024

*We are unable to accept any submissions after this date.

for your information

Introducing the new FYI website for young people in Norfolk & Waveney

Norfolk and Waveney Children and Young People's Health Services have launched a brand-new website 'FYI' for those aged 11-24, who are seeking self-care advice, information and guidance about their health and wellbeing. The new website is validated by NHS clinicians and other professionals, making it a reliable source of information on topics such as, health, education, relationships, emotional and mental health and much more.



Using interactive content, downloadable resources and real-life experiences, FYI aims to empower young people to take control of their health and wellbeing, as well as providing information on accessing further local help and advice if needed.



www.fyinatorfolk.nhs.uk

2nd February 2024

Cambridge University Outreach

Please see the information below from Caius College – Cambridge

We are inviting able Year 9 and Year 10 students from Hertfordshire, Norfolk, Bexley, Bromley, Newham, Waltham Forest, Barnet, Lewisham and Greenwich to take part in Caius 9&10, one of our online after school programmes for young people attending state schools in our link areas.

Please note that students who took part when they were in year 9 last year should not re-apply, as this is the same programme.

Caius 9&10 Programme

Deadline: Friday 22 March 2024

The program will consist of a series of **online** after-school sessions. The students will receive both guidance and ideas on how to explore subject interests, and an introduction to studying at University. Students will also have the chance to talk to current Cambridge students and attend an online lecture.

Session 1, Wed 17 April 2024, 4:30-5:30pm:	Introduction to studying at university and Oxbridge
Session 2, Wed 1 May 2024, 4:30-5:30pm:	Exploring subject interests
Session 3, W/C 13 May 2024, 5:00-6:00pm:	Taster lectures (one STEM lecture, one humanities)
Session 4, Wed 5 June 2024, 4:30-5:30:	Student Life Q&A (life at university, clubs, societies)
Session 5, Wed 19 June 2024, 4:30-5:30:	Session chosen by students

Please ask **students** to register their interest by completing this short survey form. Please note, this form requires a digital signature from a parent/guardian/carer (this can be done on a touchscreen device or with mouse on a desktop computer)

https://cambridge.eu.qualtrics.com/jfe/form/SV_2srWC9yArjsCXXw

The deadline for signing up is **Friday 22 March 2024** and students will be notified by **Monday 15 April 2024** whether they have been successful in gaining a place on the programme. We welcome applications from all students and we will prioritise applications from high-achieving students with a widening participation background (e.g. Free School Meals, living in care etc).

Kitchen Assistant Vacancies:

Responsibilities include Till work, washing up, food preparation, sandwich preparation, food service, cleaning etc, catering experience beneficial.

Term time only

Hours 9-2 and 10-2

Rate of pay £10.42 per hour

Email broadlandhigh@edwardsandblake.co.uk

Contact Chris Seddon

913 Bus

Thank you to all those parents and carers that have been in touch this week regarding issues with the 913 bus service, we have been in contact with the LA regarding this and should you wish to raise concerns, details are below:

NCC Transport - 0344 800 8020

2nd February 2024

PE department notices

Clubs that are starting this term after school 3-4pm

Netball fixtures will all be on Tuesdays- attend netball club to get more information

Day	Club	Lead teacher
Tuesday	7&8 Girls Basketball	Mr Tregale
Wednesday	Girls indoor cricket 7-10	Miss King
Wednesday	Netball all years	Mrs Keel
Thursday	Hoopstars	Hoopstars (Ken) Mr Shreeve

- Remember to sign up for clubs on EduLink (all are 'new' new clubs for 2024)

PE lessons

- Please remember your base layers
- Please also make sure you have trainers in school in case of any changes needed due to weather

GUITAR LESSONS @ BROADLAND HIGH OA

START YOUR GUITAR
JOURNEY NOW!



LESSONS WITH **JAMIE STRINGS** -
A PROFESSIONAL GUITARIST &
EXPERIENCED INSTRUCTOR



LEARN ESSENTIAL **TECHNIQUE**,
POPULAR SONGS & **HOW TO**
PRACTICE EFFECTIVELY



FUN, ENGAGING AND
INTERACTIVE **1-2-1 LESSONS**



GUITAR **EQUIPMENT PROVIDED**



ALL EXPERIENCE LEVELS
WELCOME (INC BEGINNERS)

ENROL NOW
HARRIETRILEY@BROADLANDHIGHOA.CO.UK



Tuesdays 6.10pm - 7.00pm at The Garage

Book your place here: <https://www.thegarage.org.uk/classes/>



Norfolk
COUNTY YOUTH
CHOIR

FREE

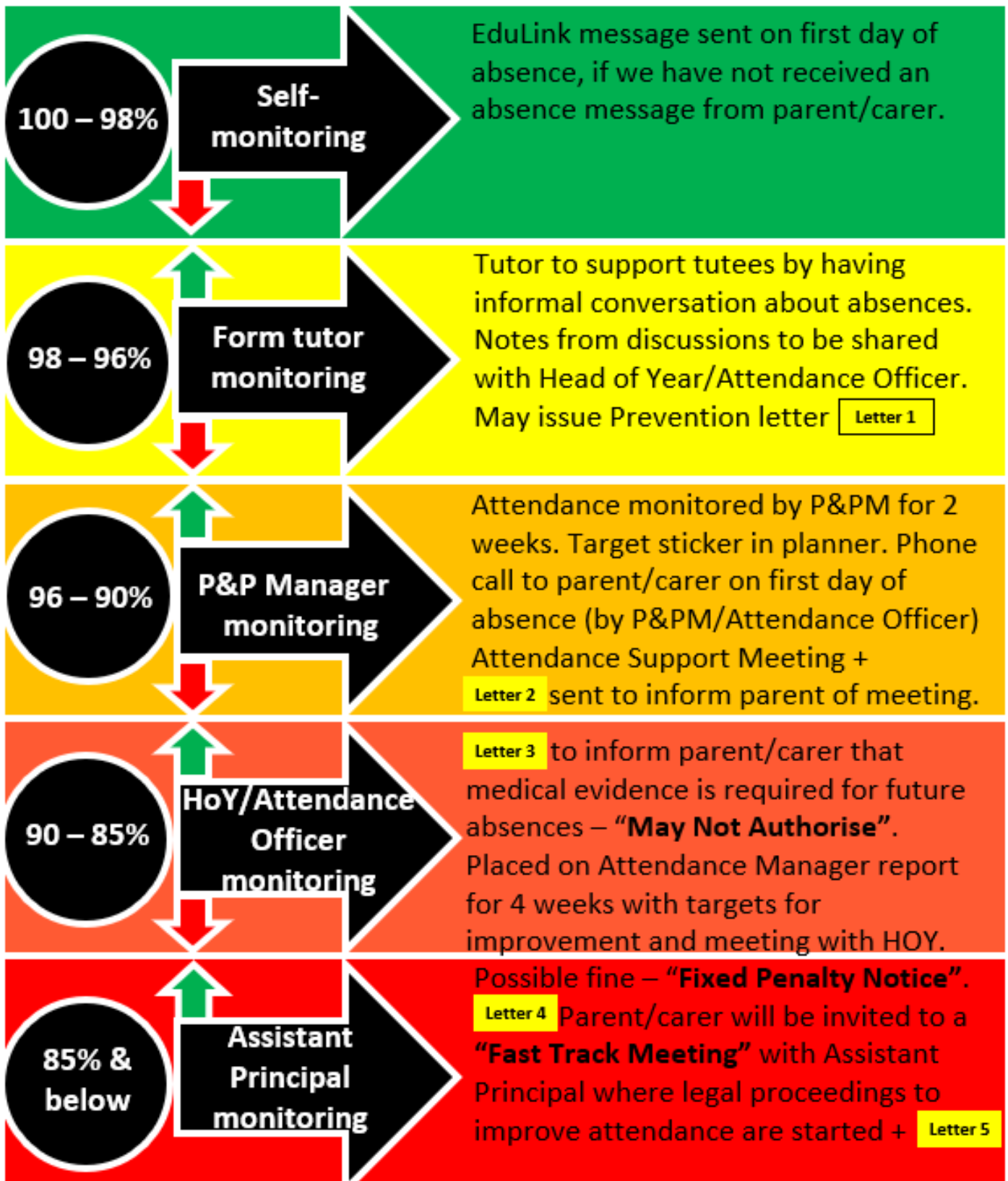
Norfolk County Youth Choir is a choir for young people from across Norfolk. Open to young people from Year 6 upwards; there is no audition required, it is free to attend, and all you need to join is a love of singing and a desire to improve your skills.

This is a great way to reconnect with live singing; a relaxed and welcoming space to explore music, performance and share the fantastic benefits of singing together.

The Choir is free to attend but booking is required.

2nd February 2024

How our academy will support you
with achieving excellent
attendance!

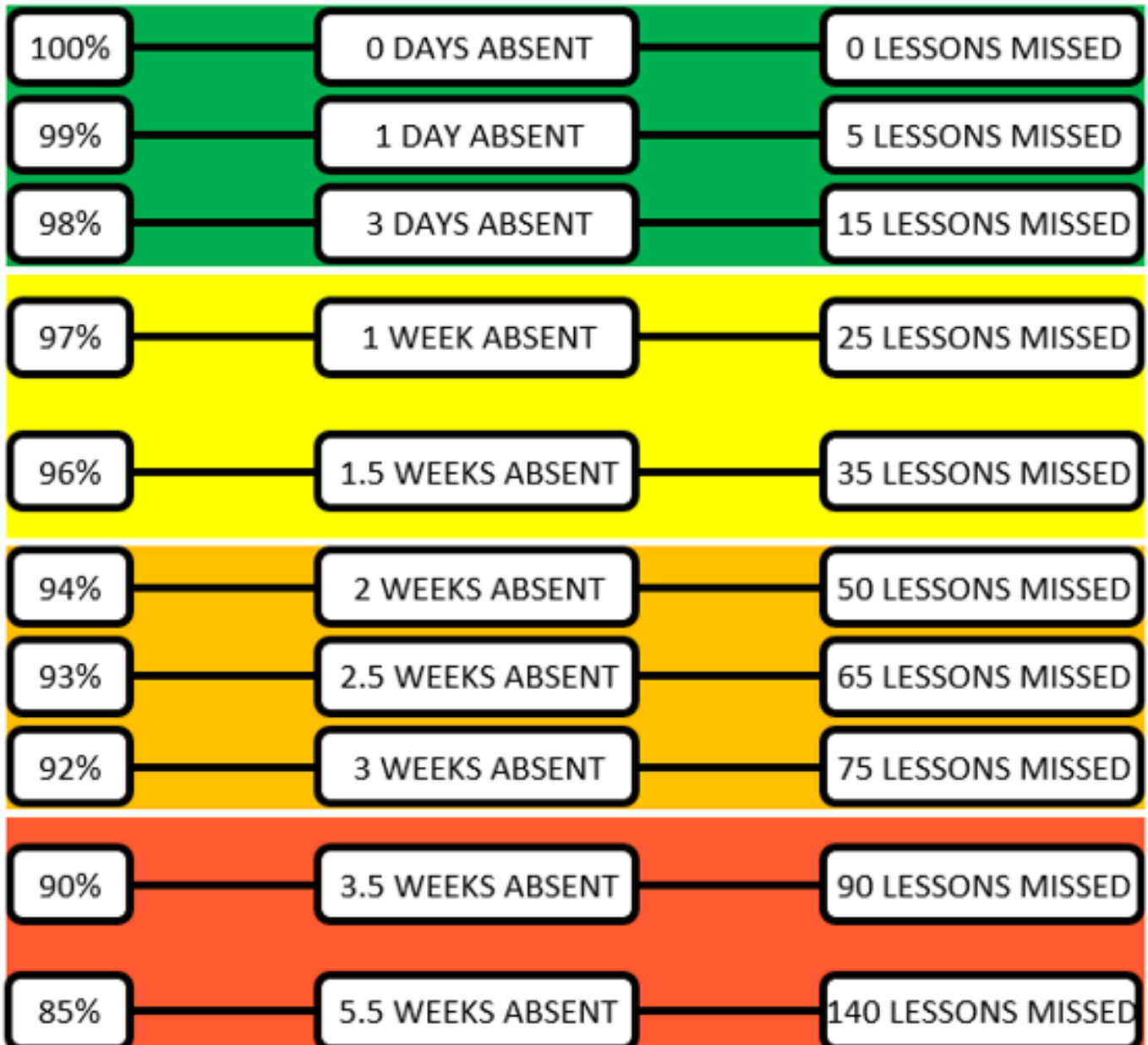


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Excellent attendance matters!

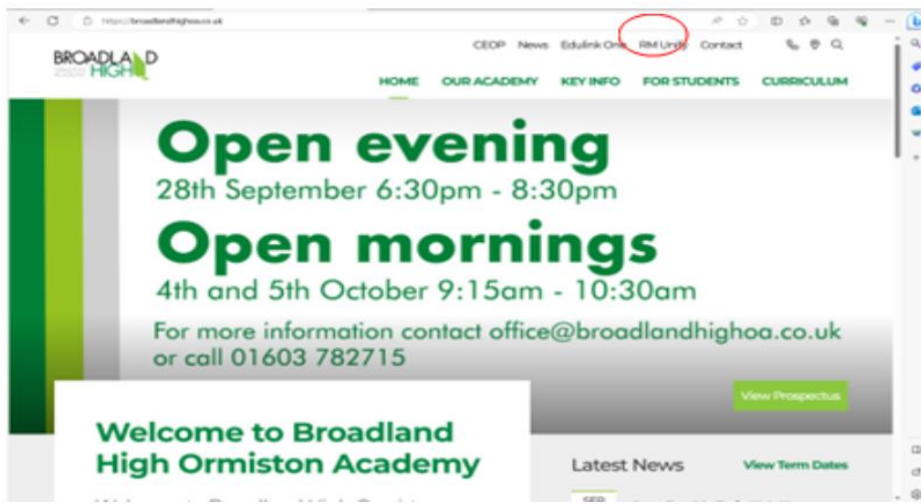


**Be the best you.....
ATTEND EVERY LESSON, EVERY DAY ON TIME.**

Accessing School Accounts From Home

How to access Teams, Office 365 and Outlook from home:

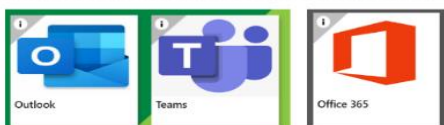
1. Go to the Broadland website.
2. Click the RM Unify button at the top of the page.



3. Sign in using student username and password:

Username: 23 followed by first letter of first name, then last name (**Example: 23aking**)

Password: The same password students use to log onto the computers at school



4. Click sign in and it will load up the Broadland RM Unify launch pad where you will find Teams, Outlook and Office 365.
5. To log into Outlook, use the same details used for logging into RM Unify. It may ask for your email address which is, your username followed by @broadlandhighoa.co.uk (**Example: 23aking@broadlandhighoa.co.uk**)



In keeping with our commitment to provide students with outstanding careers guidance and tailored support when choosing their next steps after school, Broadland will shortly be using Unifrog, an award-winning, online destinations platform. All students in all Years will have access to this website by the end of the academic year.

We will begin with Year 10 students to enable them to add work experience placements - we will send Y10 students and their parents further information about how to do this next week.

Students access the platform by clicking a link in their welcome email, which will also be sent to their school email address next week. They will then be able to create a password and can begin using the platform.

They will sign in to Unifrog using their academy email address and password and they can do so from any computer, tablet, or smartphone. We would encourage you to use the platform with your child so you can support them through the process of deciding their next step.

Unifrog is the universal destinations platform and is designed to support learners in making the most informed decisions about their futures and has a range of tools that are suitable for all year groups. Each student has their own account where they can explore all the career and next step options available to them and find information on everything from managing their workload to writing a winning CV. Students have access to a wide variety of video and written content, and interactive quizzes and tests, including:

Section of the platform	Examples of what students can do	Suitable age range
Quizzes	Finding their interests, personality type, preferred work environment, and skillset.	Years 7-11
Exploring pathways	Explore careers, career sectors, subjects, sign up to free webinars, explore MOOCs and courses, and find wider reading materials.	Years 7-11
Recording what you've done	Record their in-class and extracurricular activities, record examples of their skills, and see the record of CEIAG events the school has added to their accounts.	Years 7-11
Work experience placements	Record their work experience placement, keep track of its approval process, fill in a day today placement diary.	Year 10

What does your sparetime look like?



Flying, sports, target shooting, drill, adventure training, camping, fieldcraft, canoeing, archery, abseiling and more...
all whilst hanging out with new friends and having fun!

222 (Broadlands) Squadron Air Cadets

Monday and Friday evenings | 7–9.30pm

Broadland High Ormiston Academy

Are you
12 years old
and in Year 8?

Join us today!

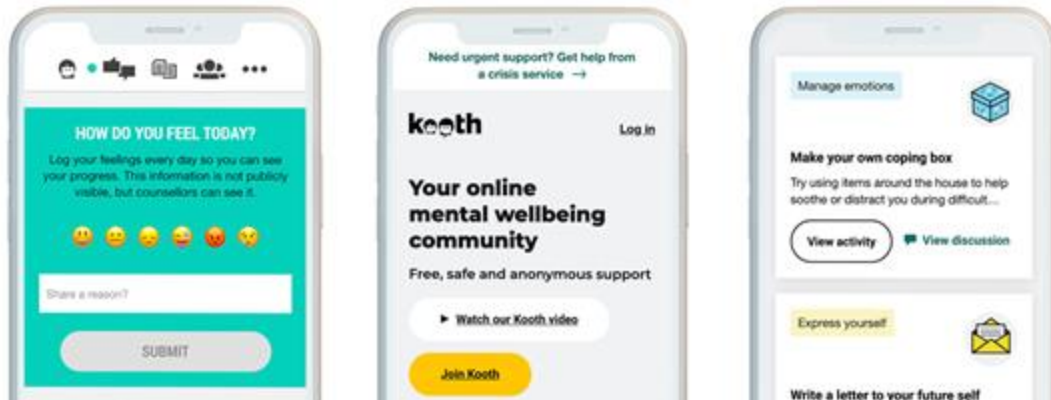
Register your interest by emailing
222@rafac.mod.gov.uk

or visit 222-atc.org.uk



**ROYAL
AIR FORCE
AIR CADETS**
the next generation

Kooth



Kooth is a web based confidential support service available to young people. Kooth provides a safe and secure means of accessing mental health and wellbeing support designed specifically for young people.

Kooth offers young people the opportunity to have a text-based conversation with a qualified counsellor. Counsellors are available from 12noon to 10pm on weekdays and 6pm to 10 pm at weekends, every day of the year on a drop-in basis. Young people can access regular booked online counselling sessions as needed. Outside counselling hours' young people can message our team and get support within 24 hours.

When students register with **Kooth** they will have support available to them now and in the future. Support can be gained not only through counselling but articles, forums and discussion boards. All content is age appropriate, clinically approved and fully moderated.

To find out more visit

www.Koothplc.com (adults)

www.kooth.com (young people)

where young people can register and others can find out more about the service.

You can also view a short video about the service at: <https://vimeo.com/318731977/a9f32c87de>.

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Safer Schools App

As part of OAT we have free access to the Safer Schools App. The Safer Schools App is an award-winning safeguarding resource, developed in partnership between Ineqe Safeguarding Group and Zurich Municipal, that helps entire school communities to better protect themselves in the digital world, through delivering contemporary and contextual safeguarding information to teachers, students, parents and carers.

Parents and carers have access to information on the popular social media platforms used by their children and their friends. They are also provided with an insight on critical issues such as bullying, sexting and gaming and are given easy to follow advice on how they can make their homes and the devices they give their children safer. Parents and carers can download the app and scan the QR code to the left or enter the code for our academy - 7675.

Students have access to age appropriate information, advice and guidance on keeping themselves safe online. Students can download the app and scan the QR code to the right or enter the code for our academy - 4898. If you have any questions or concerns about safeguarding please do not hesitate to contact one of the BHOA team.

danielleratcliffe@broadlandhighoa.co.uk rachelwyatt@broadlandhighoa.co.uk melaniestubbings@broadlandhighoa.co.uk

