

1<sup>st</sup> March 2024

## Principal's Update

It's been a great start to the half term with lots of group and individual achievements to celebrate.

Our huge congratulations to Eliza Hindley and Natalia Lukaszewicz for their outstanding achievement in the OAT MFL Spelling Bee regional final, which took place on Wednesday 28<sup>th</sup> February. Both students worked incredibly hard to learn to spell, in French, 100 French words. Following their virtually flawless performances throughout the competition and an extremely nerve-wracking tiebreaker, Eliza and Natalia finished joint runners up! As we await the results from other regional finals taking place, our fingers are crossed that Eliza and Natalia will make it through to the national final in April. *Félicitations!!*

Congratulations also to Jonah Life who has been selected for the Norfolk Schools cross country team to compete at the English Schools Championships in Pontefract on March 16<sup>th</sup>.

Finally. congratulations to Olivia, Tilly, Daisy and Lila who were all winners of a £125 JD sports voucher for their entries in the Apprenticeship Service trainer design competition. There's lots of opportunities for students to enter competitions in this week's bulletin!

Thank you to those parents and carers that have signed up for the Quiz and Chips, it's fantastic to see so many of you supporting this and we look forward to the Friends of BHOA organising more events over the coming years. There are some great prizes, and till plenty of Quiz and Chips tickets available – you can purchase them [here](#).

On the 21<sup>st</sup> March we will welcome a selection of local post 16 providers for our Y10 parent information evening. This was a really popular evening last year and is incredibly informative for parents and students, more information will follow to Y10 parents.

Have a lovely weekend.

## National Careers Week

Next week is National Careers week.

Students in year 10 will be visiting the Festival of knowledge at The Norfolk Showground on Wednesday 6<sup>th</sup> March.

Here they will have access to further education, apprenticeships and training providers as well as local and national employers. Students will have the opportunity to ask questions, take part in some fun interactive activities and get a real feel of what the local labour market looks like as well as what is available to them post 16.

On Thursday 7<sup>th</sup> March we welcome LCoH Deegan Webb to talk to our students about the many different career opportunities in The British Army. Please see attached poster for further details.

1<sup>st</sup> March 2024

## Drama Opportunity

### Enrichment CB Drama Classes at Broadland Ormiston Academy

Carl Bradley LSDE P CertLAM is a fully qualified LAMDA teacher and a member of the Society of Teachers of Speech and Drama, an organisation that monitors and maintains high standards of drama teaching through the provision of only qualified teaching professionals. Carl holds a DBS check and Insurance Liability.

CB Drama specialises in teaching drama to children of all ages and ability. It aims to teach and mentor students to the highest levels in the subject it covers. Using a structured and creative approach to training and teaching in the following areas:

- Drama, building confidence
- Movement, mime, poetry, speech
- Television and film technique

All students can enter into The London Academy of Music and Dramatic Art's (L.A.M.D.A) examination syllabus. The LAMDA Examinations are accredited by the Curriculum Authority, with the higher grades having UCAS points attached to them. These exams will be at an extra cost and held as 1-1 lessons for those interested. These are arranged by Mr Howard and Carl Bradley.

Broadland are now able to offer paid group sessions called "LAMDA ENRICHMENT" which will run a Monday after school from 3pm to 4pm in the Drama Studio. Participating in the Enrichment classes will help both those students who attend the LAMDA 1-1 sessions and those who want to just develop their skills and confidence in drama.

**Classes will commence on Monday 4<sup>th</sup> March in the Drama Studio.**

**Time: 3pm to 4pm**

**Fees: £2 per session – paid in half termly instalments**

**Payments are made via Parent Pay**

**Please note: These enrichment sessions require a minimum of 10 students and will begin once suitable numbers are confirmed.**

To sign your child up, please email Mr J Howard (Head of Drama) as soon as possible confirming the student's full name. Please note that due to the room size and nature of the enrichment activities this is limited to a maximum of 25 students. If numbers are over-subscribed, those students who do not secure a place will be put on a waiting list. The students that joined the previous half term will still have their place if they choose to continue.

If you have any questions, please either ask Mr J Howard (Head of Drama) or contact Carl Bradley on the above details.

# Quiz And Chips

March 27th 6-8pm



**BROADLAND**  
ORMISTON  
ACADEMY **HIGH**

TICKETS ON SALE VIA THE ONLINE ACADEMY SHOP  
(MAXIMUM OF 6 PEOPLE PER TEAM)

**PRICES:**

ADULTS £6, CHILDREN £4 (WITH CHIPS) ADULTS £4, CHILDREN £2 (WITHOUT CHIPS)

Refreshments will be available to purchase, but please feel free to bring your own drinks:

Alcohol allowed (over 18s only)

Hosted by the Broadland Friends and Year 11 Prom Committee

Made with PosterMyWall.com

1<sup>st</sup> March 2024

## Cambridge University Outreach

Please see the information below from Caius College – Cambridge

We are inviting able Year 9 and Year 10 students from Hertfordshire, Norfolk, Bexley, Bromley, Newham, Waltham Forest, Barnet, Lewisham and Greenwich to take part in Caius 9&10, one of our online after school programmes for young people attending state schools in our link areas.

Please note that students who took part when they were in year 9 last year should not re-apply, as this is the same programme.

### **Caius 9&10 Programme**

*Deadline: Friday 22 March 2024*

The program will consist of a series of **online** after-school sessions. The students will receive both guidance and ideas on how to explore subject interests, and an introduction to studying at University. Students will also have the chance to talk to current Cambridge students and attend an online lecture.

Session 1, Wed 17 April 2024, 4:30-5:30pm:	Introduction to studying at university and Oxbridge
Session 2, Wed 1 May 2024, 4:30-5:30pm:	Exploring subject interests
Session 3, W/C 13 May 2024, 5:00-6:00pm:	Taster lectures (one STEM lecture, one humanities)
Session 4, Wed 5 June 2024, 4:30-5:30:	Student Life Q&A (life at university, clubs, societies)
Session 5, Wed 19 June 2024, 4:30-5:30:	Session chosen by students

Please ask **students** to register their interest by completing this short survey form. Please note, this form requires a digital signature from a parent/guardian/carer (this can be done on a touchscreen device or with mouse on a desktop computer)

[https://cambridge.eu.qualtrics.com/jfe/form/SV\\_2srWC9yArjsCXXw](https://cambridge.eu.qualtrics.com/jfe/form/SV_2srWC9yArjsCXXw)

The deadline for signing up is **Friday 22 March 2024** and students will be notified by **Monday 15 April 2024** whether they have been successful in gaining a place on the programme. We welcome applications from all students and we will prioritise applications from high-achieving students with a widening participation background (e.g. Free School Meals, living in care etc).

## Kitchen Assistant Vacancies:

Responsibilities include Till work, washing up, food preparation, sandwich preparation, food service, cleaning etc, catering experience beneficial.

Term time only

Hours 9-2 and 10-2

Rate of pay £10.42 per hour

Email [broadlandhigh@edwardsandblake.co.uk](mailto:broadlandhigh@edwardsandblake.co.uk)

Contact Chris Seddon



1<sup>st</sup> March 2024

## Have you thought about a career in **The British Army**?

Come along to a talk by **LCoH Deegan Webb** to find out about the many **different roles** and **apprenticeship routes** available to you.



**When? Thursday 7<sup>th</sup> March Where? A9 (Mr Storey's room)**

**Time? 11.50-12.20 Or 12.25-12.55**

**Available to ALL year groups**

**You may choose the time you come, but if you have an assembly that day, you must come during your lunch break.**

**You may bring your lunch with you**

# Law and Social Action Competition



**SpeakOut**

## Key Stage 4

*Are you interested in topical issues?*

*Do you have strong opinions?*

Enter the competition by creating a response to the following question. You could create a podcast, poster, write an essay or submit a response in any other format of your choice. Remember to carry out research on the issue, both online and amongst your fellow students:

***Agree or disagree: The voting age should be lowered to 16?***

There are prizes for a winner and two runners up at each Key Stage. Winners will receive a £100 voucher plus a copy of 'The Secret Barrister: Fake Law' and runners-up will receive a £50 voucher.

Please see competition posters or contact Mrs Ragan (lead practitioner for law) at [kate.ragan@ormistonacademies.co.uk](mailto:kate.ragan@ormistonacademies.co.uk) for further information or support/suggested resources and to submit entries.

**DEADLINE: 26 February 2024**

## Key Stage 3

*Are you interested in topical issues?*

*Do you have strong opinions?*

Enter the competition by creating a response to the following question. You could create a podcast, poster, write an essay or submit a response in any other format of your choice. Remember to carry out research on the issue, both online and amongst your fellow students:

***If you had £10 billion to spend on making the world better, how would you spend it?***

There are prizes for a winner and two runners up at each Key Stage. Winners will receive a £100 voucher plus a copy of 'The (Nearly) Teenager's Guide to Changing the World' and runners-up will receive a £50 voucher.

Please see competition posters or contact Mrs Ragan (lead practitioner for law) at [kate.ragan@ormistonacademies.co.uk](mailto:kate.ragan@ormistonacademies.co.uk) for further information or support/suggested resources and to submit entries.

**DEADLINE: 26 February 2024**



**SpeakOut**



**SpeakOut**





# OAT in Bloom

**[OAT]**  
Ormiston Academies Trust  
ACHIEVING MORE TOGETHER

2024 will see the 60th anniversary of Britain in Bloom. Over the years, Britain in Bloom has continued to bring people together, forged life-long relationships and enriched lives. The theme for this milestone year is 'friendship', and you are invited to get involved in an OAT competition, 'OAT in Bloom'.

The hope is that this event will inspire each OAT academy and their communities to make positive changes to their local environment through horticultural, environmental and community action.

This is an exciting time for all you green fingered students, staff, parents, and families to get gardening. Whether you are planting hanging baskets or raised planters, from vegetables patches to gardens, whatever you choose to grow and nurture, now is your time to shine.

Please submit evidence of your gardening project as photos to [eco@ormistonacademies.co.uk](mailto:eco@ormistonacademies.co.uk).

- Each submission email should have the title 'OAT in Bloom'.
- Each submission must have the name of the person submitting. For pupils, please add age and year group.
- Each submission should include the academy name.

Deadline to submit is the end of the summer term 2024. Winners will be announced in **September 2024**.

Competition categories and requirements:

#### **Best wild meadow**

*The goal of this category is allowing an area to return to nature and allow biodiversity to flourish.*

#### **Best garden design on paper**

*The goal of this category is to submit a garden designed on paper, fully annotated with a minimum of five labels explaining the garden design.*

#### **Most colourful display**

*The goal of this category is to create the most colourful planting display with the most impact*

#### **Best mini marvel**

*The goal of this category is to effectively utilise space and create a visual display of colour creatively with design and layout in a miniature space.*

#### **Best raised bed, container planting, including hanging baskets**

*The goal of this category is to effectively grow within raised beds, containers or in hanging baskets, being resourceful and eco-friendly in what is being used as containers*

#### **Best vegetable patch/fruit orchard/greenhouse**

*The goal of this category is to showcase the sustainability of food growing and its benefits for health and wellbeing.*

#### **Best community garden**

*The goal of this category is to develop an outdoor space that improves the local community/neighbourhood*

Any questions please contact [eco@ormistonacademies.co.uk](mailto:eco@ormistonacademies.co.uk).





# YOUROATVISION SONG CONTEST

**YourOATvision Song Contest** is a composing and song writing competition, created exclusively for OAT pupils. Pupils are encouraged to write and record a song around the theme of 'Belonging'.

The competition has been inspired by the famous Eurovision Song Contest and we hope to see as many academies participate as possible.

This is the first year of running this competition and we hope it will grow into a wonderful annual showcase of OAT's budding musicians!

Any staff member within your academy can run this competition, it could be a science technician who is in a band or part of the catering team who has a passion for composing. It can be a weekly enrichment club, a one-off workshop, or pupils can simply work as an individual or group and send it to the named staff contact in academy, who will then submit it to the central team by emailing [youroatvisionsongcontest@ormistonacademies.co.uk](mailto:youroatvisionsongcontest@ormistonacademies.co.uk) on their behalf.

Where academies have more than one entry, they will need to vote for their favourite and submit it to [youroatvisionsongcontest@ormistonacademies.co.uk](mailto:youroatvisionsongcontest@ormistonacademies.co.uk) no later than **26 April 2024**. All entries will be reviewed by judges on **3 May 2024**. The winning song will be celebrated with an announcement on **Friday 10 May 2024**.

## Submission requirements:

- ★ Quality audio or video recording of the song, no longer than two minutes long.
- ★ Written copy of the lyrics.
- ★ A short description, either verbal or written, of how their song links to the theme of 'Belonging'.
- ★ Solo, duet, and group\* performances welcome.
- ★ All submissions must include a credits list which details names of pupils involved, year group, academy and their roles in the performance or composition.
- ★ Band or performer name where applicable.

\*Groups should include no more than 15 performers.

If you have any queries, please either contact your regional enrichment social action co-ordinator (RESA) or email [youroatvisionsongcontest@ormistonacademies.co.uk](mailto:youroatvisionsongcontest@ormistonacademies.co.uk)

## Timescale

Launch date: 15 January 2024

Submission to staff in school: 19 April 2024

Academies to select favourite song and submit no later than 26 April 2024\*

Judging will take place on 3 May 2024

Announcement of winning song on 10 May 2024

\*We are unable to accept any submissions after this date.



for your information

## Introducing the new FYI website for young people in Norfolk & Waveney

Norfolk and Waveney Children and Young People's Health Services have launched a brand-new website 'FYI' for those aged 11-24, who are seeking self-care advice, information and guidance about their health and wellbeing. The new website is validated by NHS clinicians and other professionals, making it a reliable source of information on topics such as, health, education, relationships, emotional and mental health and much more.



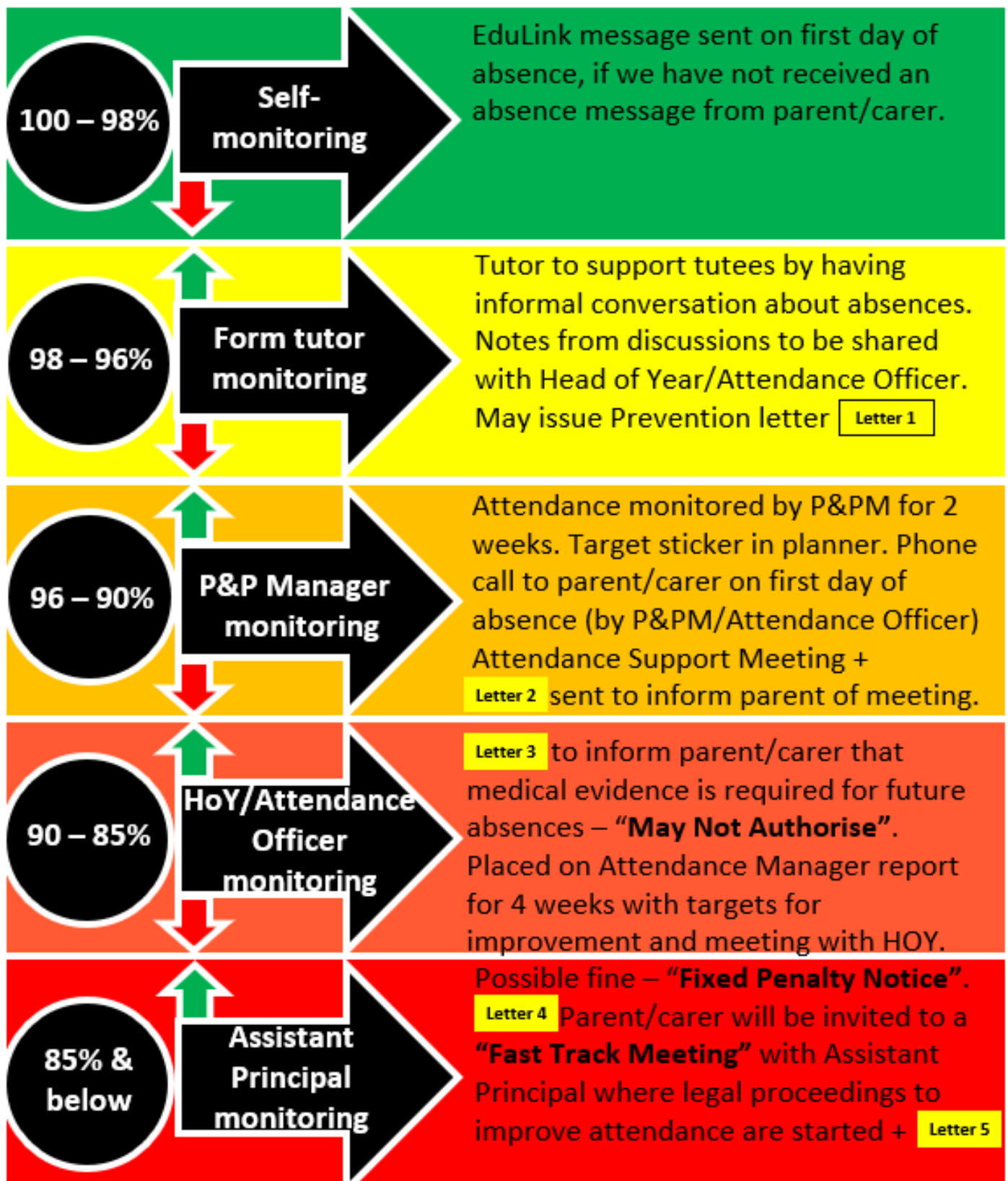
Using interactive content, downloadable resources and real-life experiences, FYI aims to empower young people to take control of their health and wellbeing, as well as providing information on accessing further local help and advice if needed.



[www.fyinatorfolk.nhs.uk](http://www.fyinatorfolk.nhs.uk)

1<sup>st</sup> March 2024

How our academy will support you  
with achieving excellent  
attendance!

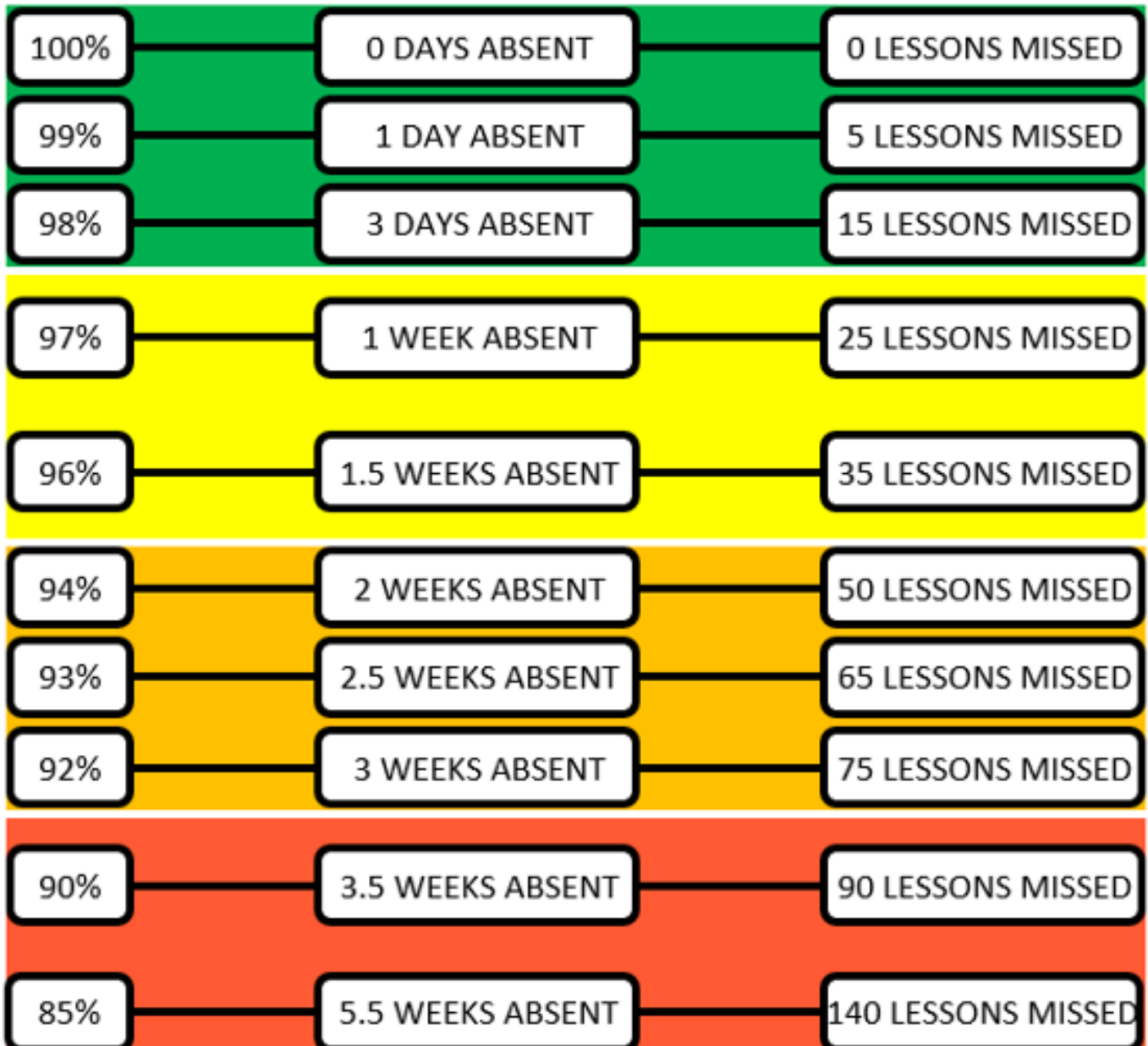


# BROADLAND BULLETIN

Principal: Matthew Sprake  
Vice Principal: Simon Laycock

1<sup>st</sup> March 2024

Excellent attendance matters!



**Be the best you.....  
ATTEND EVERY LESSON, EVERY DAY ON TIME.**

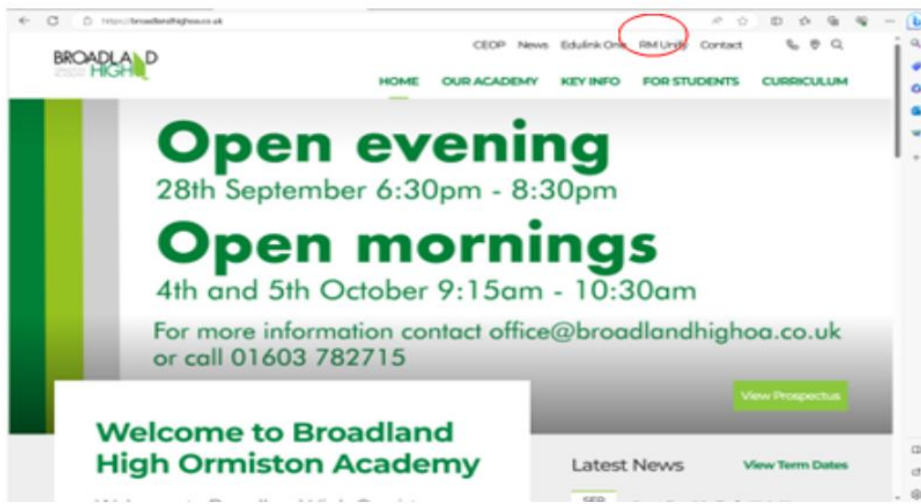


1<sup>st</sup> March 2024

## Accessing School Accounts From Home

How to access Teams, Office 365 and Outlook from home:

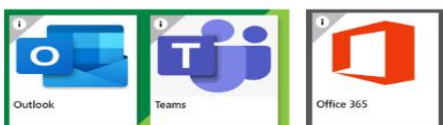
1. Go to the Broadland website.
2. Click the RM Unify button at the top of the page.



3. Sign in using student username and password:

**Username:** 23 followed by first letter of first name, then last name (**Example: 23aking**)

**Password:** The same password students use to log onto the computers at school



4. Click sign in and it will load up the Broadland RM Unify launch pad where you will find Teams, Outlook and Office 365.
5. To log into Outlook, use the same details used for logging into RM Unify. It may ask for your email address which is, your username followed by @broadlandhighoa.co.uk (**Example: 23aking@broadlandhighoa.co.uk**)

# BROADLAND BULLETIN

Principal: Matthew Sprake  
Vice Principal: Simon Laycock

1<sup>st</sup> March 2024

The Unifrog logo consists of the word "unifrog" in a white, lowercase, sans-serif font, centered within a solid green rectangular background.

In keeping with our commitment to provide students with outstanding careers guidance and tailored support when choosing their next steps after school, Broadland will shortly be using Unifrog, an award-winning, online destinations platform. All students in all Years will have access to this website by the end of the academic year.

We will begin with Year 10 students to enable them to add work experience placements - we will send Y10 students and their parents further information about how to do this next week.

Students access the platform by clicking a link in their welcome email, which will also be sent to their school email address next week. They will then be able to create a password and can begin using the platform.

They will sign in to Unifrog using their academy email address and password and they can do so from any computer, tablet, or smartphone. We would encourage you to use the platform with your child so you can support them through the process of deciding their next step.

Unifrog is the universal destinations platform and is designed to support learners in making the most informed decisions about their futures and has a range of tools that are suitable for all year groups. Each student has their own account where they can explore all the career and next step options available to them and find information on everything from managing their workload to writing a winning CV. Students have access to a wide variety of video and written content, and interactive quizzes and tests, including:

<b>Section of the platform</b>	<b>Examples of what students can do</b>	<b>Suitable age range</b>
Quizzes	Finding their interests, personality type, preferred work environment, and skillset.	Years 7-11
Exploring pathways	Explore careers, career sectors, subjects, sign up to free webinars, explore MOOCs and courses, and find wider reading materials.	Years 7-11
Recording what you've done	Record their in-class and extracurricular activities, record examples of their skills, and see the record of CEIAG events the school has added to their accounts.	Years 7-11
Work experience placements	Record their work experience placement, keep track of its approval process, fill in a day today placement diary.	Year 10



# What does your sparetime look like?



Flying, sports, target shooting, drill, adventure training, camping, fieldcraft, canoeing, archery, abseiling and more...  
**all whilst hanging out with new friends and having fun!**

## 222 (Broadlands) Squadron Air Cadets

Monday and Friday evenings | 7–9.30pm

Broadland High Ormiston Academy

Are you  
12 years old  
and in Year 8?

## Join us today!

Register your interest by emailing  
[222@rafac.mod.gov.uk](mailto:222@rafac.mod.gov.uk)

or visit [222-atc.org.uk](http://222-atc.org.uk)

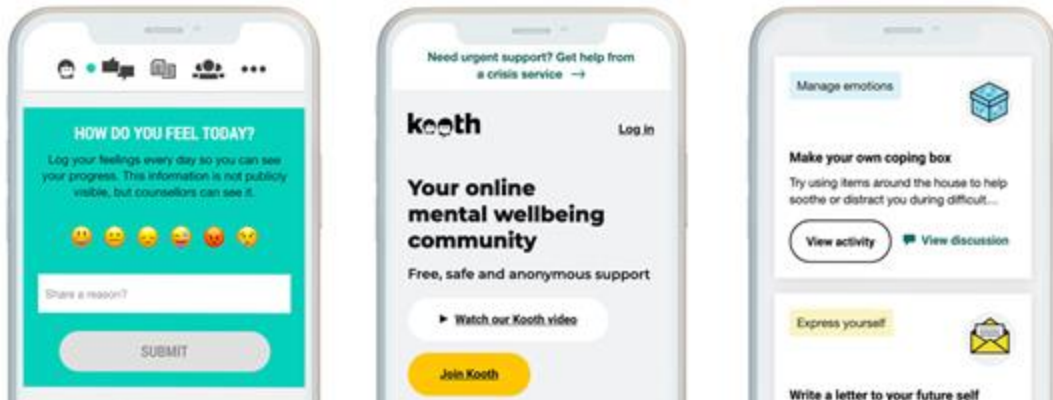


**ROYAL  
AIR FORCE**  
**AIR CADETS**  
the next generation



1<sup>st</sup> March 2024

## Kooth



**Kooth** is a web based confidential support service available to young people. Kooth provides a safe and secure means of accessing mental health and wellbeing support designed specifically for young people.

**Kooth** offers young people the opportunity to have a text-based conversation with a qualified counsellor. Counsellors are available from 12noon to 10pm on weekdays and 6pm to 10 pm at weekends, every day of the year on a drop-in basis. Young people can access regular booked online counselling sessions as needed. Outside counselling hours' young people can message our team and get support within 24 hours.

When students register with **Kooth** they will have support available to them now and in the future. Support can be gained not only through counselling but articles, forums and discussion boards. All content is age appropriate, clinically approved and fully moderated.

To find out more visit

[www.Koothplc.com](http://www.Koothplc.com) (adults)

[www.kooth.com](http://www.kooth.com) (young people)

where young people can register and others can find out more about the service.

You can also view a short video about the service at: <https://vimeo.com/318731977/a9f32c87de>.

1<sup>st</sup> March 2024

## Safer Schools App

As part of OAT we have free access to the Safer Schools App. The Safer Schools App is an award-winning safeguarding resource, developed in partnership between Ineqe Safeguarding Group and Zurich Municipal, that helps entire school communities to better protect themselves in the digital world, through delivering contemporary and contextual safeguarding information to teachers, students, parents and carers.

Parents and carers have access to information on the popular social media platforms used by their children and their friends. They are also provided with an insight on critical issues such as bullying, sexting and gaming and are given easy to follow advice on how they can make their homes and the devices they give their children safer. Parents and carers can download the app and scan the QR code to the left or enter the code for our academy - 7675.

Students have access to age appropriate information, advice and guidance on keeping themselves safe online. Students can download the app and scan the QR code to the right or enter the code for our academy - 4898. If you have any questions or concerns about safeguarding please do not hesitate to contact one of the BHOA team.

[danielleratcliffe@broadlandhighoa.co.uk](mailto:danielleratcliffe@broadlandhighoa.co.uk) [rachelwyatt@broadlandhighoa.co.uk](mailto:rachelwyatt@broadlandhighoa.co.uk) [melaniestubbings@broadlandhighoa.co.uk](mailto:melaniestubbings@broadlandhighoa.co.uk)



Tuesdays 6.10pm - 7.00pm at The Garage

Book your place here: <https://www.thegarage.org.uk/classes/>



Norfolk  
COUNTY YOUTH  
CHOIR

FREE

Norfolk County Youth Choir is a choir for young people from across Norfolk. Open to young people from Year 6 upwards; there is no audition required, it is free to attend, and all you need to join is a love of singing and a desire to improve your skills.

This is a great way to reconnect with live singing; a relaxed and welcoming space to explore music, performance and share the fantastic benefits of singing together.

The Choir is free to attend but booking is required.