### Principal: Matthew Sprake Vice Principal: Simon Laycock

## 27th March 2024

## **Principal's Update**

I hope that this final edition of the term finds you well and that you all have a lovely Easter holiday.

We are really pleased to invite you to Broadland on Broadway, A Night of Musical Theatre! Tickets are now available via parentpay.

Annie Martins in Year 9 designed this year's poster, and it was turned into the final digital version attached by Ewen Cameron from Cameron Creative.

Our team won the innovation award yesterday at the Lego First Robotics League taking place in Ipswich.

The team performed really well, adapting their robot after each competition round whilst showing professionalism and graciousness to other teams.

Congratulations to Jacob, Eliza, Josh, George, Ben and Ben, and thank you to Mrs Taylor and Ms Roberts for all of the support they have given the team throughout the year in the build-up to the competition.

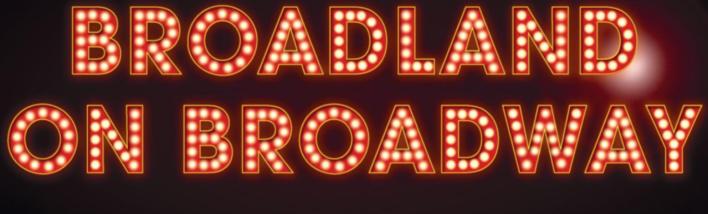
Congratulations also to Eliza and Natalia who will represent Broadland at the National MFL Spelling Bee Final on the 16<sup>th</sup> of April at Cambridge University!

Finally, I would like to extend my thanks to Mr Shreeve, Mr Tregale, Mr Elmy, Miss Bridges and Miss Taylor who are giving up their time to take the students to Valencia this Easter, these trips take a lot of time and planning, and we are very lucky to have staff who provide such wonderful experiences for the students.

Good luck to those of you attending Quiz and Chips this evening!







## A NIGHT OF MUSICAL THEATRE

will be directed to <u>https://ormistonacademiestrust.s</u> <u>harepoint.com/sites/bhoa\_launc</u>

#### DATES

Tuesday 25th June 2024 - 7pm Wednesday 26th June 2024 - 7pm Doors open at 6:30pm

#### TICKETS

£7.00 and available to purchase from the Broadland High Academy shop (ParentPay.co≥1)

#### INFO

No flash photography and strictly no video permitted. A short interval with refreshments available in exchange for a donation.

#### VENUE

Broadland High Ormiston Academy Tunstead Road, Hoveton, NR12 8QN

School account in they just want



## 27th March 2024

#### Unifrog access for y7&8

Students in Year 7 and 8 should have received their login email for Unifrog. In assemblies we have explained how to get started using this fantastic careers resource. We will be asking them to have a go at home at one of the short quizzes about their interests. This will then suggest a wide range of careers they may never have considered. Please do ask your child to show you how it works and talk through the results of their quiz.

#### **RM Unify**

After Easter, students will no longer be taken to the RM Unify page when they open up a web browser in school. Instead, they will be directed to <u>https://ormistonacademiestrust.sharepoint.com/sites/bhoa\_launchpad</u>

It looks a bit different, but the links they need are still there. If students are working at home, they can use the link above – it would be a good idea to save it in favourites. It will only work if they are signed into their school Microsoft account.

They can also go directly to office.com and sign in with their school account if they just want to access OneDrive, Teams and the Office applications.

If they have any problems, please contact <u>helpdesk@broadlandhighoa.co.uk</u>

## 27th March 2024

## **Sports Report**

Year 9 Boys Football

It was end to end action for the Yr 9 boys in their final match last week before their football tour to Valencia at Easter. Toby put us 1-0 ahead with a neat turn and shot across the keeper into the far corner. A difficult middle period in the match saw us concede four goals, but a strong battling performance late on saw Toby score two further goals to complete his hat trick. Will B netted with the final kick of the game to equalise and complete a dramatic comeback.

As you will have seen from previous bulletins and Instagram posts there have been a huge array of sporting fixtures and opportunities over this term from County Cup football fixtures to rugby days at North Walsham Ruby Club and more recently, we have had specialist coach Aaron Seekings from Norfolk Cricket Board delivering girls cricket and some of our students attended an event at UEA focused on Inclusive leadership.

These opportunities are a great experience for the students, but it also gives us an opportunity to signpost you to other opportunities. Please see overleaf exciting opportunities to help students continue being active including a unique girl's cricket event over the Easter break.



Principal: Matthew Sprake Vice Principal: Simon Laycock

27th March 2024

## **Sports Report**

### Womens and Girls Cricket "get together" Saturday 6th April

On Saturday 6<sup>th</sup> April 2024, we will be hosting a **Women and Girls Cricket 'Get Together'**, at Norwich High School for Girls. The event will run from 10.15am until 2.15pm.

The focus for the day will be about bringing the women and girls' cricket network together and celebrating everything that is good about the opportunities women and girls have in Norfolk to play cricket or become involved with a local club and sharing information to provide further knowledge for these exciting opportunities.

There will be Q&A's with our special guests, Sue Redfern MBE (Internation Umpire and former England Cricketer), Emily Dack (Sunrisers Coach and former Norfolk Women's Captain) and Janet Southgate (Former England International Player), and hosted by our Chair of Directors Jane Hannah BEM. Jo Taylor-Ticehurst the Women and Girls Cricket Programme Officer and Pete Free the Women and Girls Cricket Development Officer will be there to welcome you all too, whilst we provide you with a cricket tea style lunch.

<u>This event is free of charge</u>, and we are inviting anyone who wants to support and advocate for the women and girls' game, and to have some real input into how women and girl's cricket can grow in Norfolk. Therefore, please share this information within your clubs and schools.

To book your space please use the Cvent link: <u>https://booking.ecb.co.uk/d/s1qykr</u> (Please can you ensure any under 18's have an adult with them on the day). SPACES ARE LIMITED

If you have any questions, please do not hesitate to contact myself or Peter Free, peter.free@norfolkcricket.co.uk



The future is ours to make

Principal: Matthew Sprake Vice Principal: Simon Laycock

## 27th March 2024

Acle Cricket Club presents

## Ladies & Girls Cricket Nights

Every Monday throughout the summer from 13th May - 6:30-8:00pm

at Acle Recreation Centre, Bridewell Lane, Acle NR13 3RA

Free of charge • Softball fun & games • Hardball introduction & coaching No experience needed - focus is on having fun! • All equipment provided For more information contact Alex on 07979 368891



O @wegotgameofficial

Principal: Matthew Sprake Vice Principal: Simon Laycock

## 27th March 2024

## HORSFORD CC Youth Training

Horsford CC junior training runs every Friday throughout the summer from April 19th- August 30th. We offer cricket for all ages from 5-15 years old, with boys and girls softball & hardball.



FRIDAYS April 19th- August 30th 18:00- 19:30



MANOR PARK Holt Road, Norwich, NR10 3AQ



Contact Us Peter Minns pminns93@hotmail.co.uk



Free Taster Session

Principal: Matthew Sprake Vice Principal: Simon Laycock

## 27th March 2024

FROM 9 SEPTEMBER 2023 NORFOLK UNITED NETBALL CLUB UEA SPORTSPARK

EMAIL: NUNCNORWICHJDC@GMAIL.COM

YEARS 2-6: 9-10AM YEARS 7-9: 10-11AM OPEN TO BOYS AND GIRLS!

## 27th March 2024

### **PSHE Update**

Students will study the following topics in PSHE after the Easter break.

Y7 - Making a Change

- What is Parliament?
- How are political parties similar and different
- What happens in a General Election?

Y8 - First Aid

- Which common health conditions should I know about?
- First aid
- What is CPR, and how do defibrillators work?
- What do antibiotics do to my body? + Vaccinations
- Y9 Relationships
- What do healthy, romantic relationships look like?
- What is consent?
- What are potential signs of abuse?
- How are condoms used? + Contraception
- What are STIs?
- Are sexuality and gender identity the same thing?

Y10 - Relationships

- What are my personal boundaries?
- What is sexual harassment?
- What risks might be involved in sexual acts?
- What factors might affect my fertility?
- What options does someone have if they are pregnant?
- What happens during pregnancy? (inc. miscarriage, FASD)

Y11 - Relationships

- How realistic is pornography?
- How can I maturely end a relationship?
- Where can I access sexual health services?"

Any issues or queries please email Miss Roberts (lydiaroberts@broadlandhighoa.co.uk)

## Norwich Theatre's Easter Competition

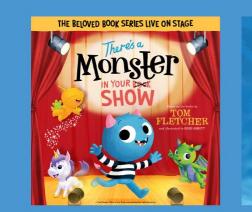
in partnership with Millennium Library

Prize Giveaway!

WIN 2x free tickets + a copy of one of these books!

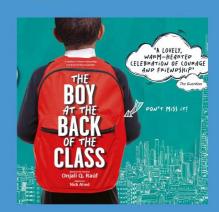
To be in with a chance, just follow and comment Norfolk Libraries & Norwich Theatre on Instagram!

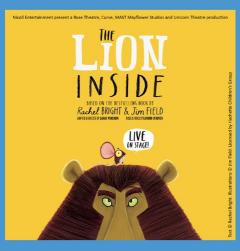
@norfolklibraries 
@norwichtheatre





Based on the classic nursery Phyme Created by Steven Lee







4x prizes available! Winners to be announced on Wednesday 3 April

Norwich Theatre



Norfolk County Council

01603 630 000 norwichtheatre.org

Principal: Matthew Sprake Vice Principal: Simon Laycock

## 27th March 2024



In keeping with our commitment to provide students with outstanding careers guidance and tailored support when choosing their next steps after school, Broadland will shortly be using Unifrog, an award-winning, online destinations platform. All students in all Years will have access to this website by the end of the academic year.

We will begin with Year 10 students to enable them to add work experience placements - we will send Y10 students and their parents further information about how to do this next week.

Students access the platform by clicking a link in their welcome email, which will also be sent to their school email address next week. They will then be able to create a password and can begin using the platform.

They will sign in to Unifrog using their academy email address and password and they can do so from any computer, tablet, or smartphone. We would encourage you to use the platform with your child so you can support them through the process of deciding their next step.

Unifrog is the universal destinations platform and is designed to support learners in making the most informed decisions about their futures and has a range of tools that are suitable for all year groups. Each student has their own account where they can explore all the career and next step options available to them and find information on everything from managing their workload to writing a winning CV. Students have access to a wide variety of video and written content, and interactive quizzes and tests, including:

Section of the platform	Examples of what students can do	Suitable age range
Quizzes	Finding their interests, personality type, preferred work environment, and skillset.	Years 7-11
Exploring pathways	Explore careers, career sectors, subjects, sign up to free webinars, explore MOOCs and courses, and find wider reading materials.	Years 7-11
Recording what you've done	Record their in-class and extracurricular activities, record examples of their skills, and see the record of CEIAG events the school has added to their accounts.	Years 7-11
Work experience placements	Record their work experience placement, keep track of its approval process, fill in a day today placement diary.	Year 10

Principal: Matthew Sprake Vice Principal: Simon Laycock

## 27th March 2024

## **STARTUP SHERPAS**.



#### An exciting opportunity for our students to take part in a PAID WORK EXPERIENCE programme led by Startup Sherpas in partnership with Aviva.

## Please note, this is totally separate from our year 10 "in person work experience offer" previously communicated to our year 10 students, parents, and carers.

Below are some key facts about this opportunity:

Opportunity <u>open</u> to students from **SHEFFIELD**, **NORWICH** and **YORK**. Opportunity <u>open</u> to **13-18 YEAR OLDS**.

This work experience opportunity is **COMPLETELY VIRTUAL** and will be completed from home.

Students will **NOT NEED ANY TIME OUT OF SCHOOL/COLLEGE** for this and will only complete work outside of school/college time.

Students will work no more than 4 hours per week over a 6-week period.

Students will be paid £153.60 for completing all missions on the programme.

Places are limited on this programme, and we anticipate these will run out quickly.

Further details are available via this short video: <a href="https://www.youtube.com/watch?v=cFcKlx1QVCk">https://www.youtube.com/watch?v=cFcKlx1QVCk</a>

Applications can be made via this link <u>https://apply.startupsherpas.org/cohort-start?squad=65e839777c7e7</u>.

CLOSING DATE FOR APPLICATIONS: 1st April 2024

Principal: Matthew Sprake Vice Principal: Simon Laycock

## 27th March 2024

COLLEGE

Come and join us for a

## FOOTBALL PERFORMANCE DAY

with our Academy Coaches Monday 8th April

Football on the 3G pitch. Strength & Conditioning in the Performance Coaching Area. Bring appropriate footwear and clothing for Football and indoor kit to wear in the gym.

## YEAR 7/8 9am-12pm

## YEAR 9/ 10 1-4pm





For more information or to book a place, please contact Sam Howlett on 01603 731561 or email sam.howlett@ccn.ac.uk

Principal: Matthew Sprake Vice Principal: Simon Laycock

## 27th March 2024



### Norfolk Hoopstars Basketball Camp

During the upcoming Easter Holiday, we have our Norwich basketball holiday camp from the 2nd of April to the 12th of April for Year 1-6, Year 7-13, and SEND students. As we've partnered up with Active Norfolk, we're thrilled to offer **Free Spaces** to children eligible for means-tested free school meals through the Big Holiday Fun initiative. It would be great if you could help us promote it to your students, as our aim is to increase basketball participation in Norfolk and provide a great chance to keep them active and make new friends during the Easter holiday. I have included the sign-up links for free spaces and paid spaces below, and also attached our camp poster to this email.

Free spaces link via Everymove:

Year 1-6: <u>https://www.everymove.uk/providers/norfolk-hoopstars/activities/hoopstars-easter-basketball-camp-city-academy-year-1-year-6</u>

Year 7-11: <u>https://www.everymove.uk/providers/norfolk-hoopstars/activities/hoopstars-easter-basketball-camp-city-academy-year-7-year-11</u>

SEND Age 5-16: <u>https://www.everymove.uk/providers/norfolk-hoopstars/activities/hoopstars-send-easter-basketball-camp-city-academy-age-5-16</u>

Paid spaces link via our website: https://www.norfolkhoopstars.com/camp-5

Paid spaces cost: £30 plus a FREE shirt for paid spaces per camp day.



2024 will see the 60th anniversary of Britain in Bloom. Over the years, Britain in Bloom has continued to bring people together, forged life-long relationships and enriched lives. The theme for this milestone year is 'friendship', and you are invited to get involved in an OAT competition, 'OAT in Bloom'.

The hope is that this event will inspire each OAT academy and their communities to make positive changes to their local environment through horticultural, environmental and community action.

This is an exciting time for all you green fingered students, staff, parents, and families to get gardening. Whether you are planting hanging baskets or raised planters, from vegetables patches to gardens, whatever you choose to grow and nurture, now is your time to shine.

Please submit evidence of your gardening project as photos to eco@ormistonacademies.co.uk. • Each submission email should have the title 'OAT in Bloom'.

- Each submission must have the name of the person submitting. For pupils, please add age and year group.
- Each submission should include the academy name.

Deadline to submit is the end of the summer term 2024. Winners will be announced in September 2024.

Competition categories and requirements:

#### Best wild meadow

The goal of this category is allowing an area to return to nature and allow biodiversity to flourish. Best garden design on paper

The goal of this category is to submit a garden designed on paper, fully annotated with a minimum of five labels explaining the garden design.

#### Most colourful display

The goal of this category is to create the most colourful planting display with the most impact

#### Best mini marvel

The goal of this category is to effectively utilise space and create a visual display of colour creatively with design and layout in a miniature space.

#### Best raised bed, container planting, including hanging baskets

The goal of this category is to effectively grow within raised beds, containers or in hanging baskets, being resourceful and eco-friendly in what is being used as containers

#### Best vegetable patch/fruit orchard/greenhouse

The goal of this category is to showcase the sustainability of food growing and its benefits for health and wellbeing.

#### Best community garden

The goal of this category is to develop an outdoor space that improves the local community/heighbourhood

Any questions please contact eco@ormistonacademies.co.uk.



## YOUROATVISION SONG CONTEST

YourOATvision Song Contest is a composing and song writing competition, created exclusively for OAT pupils. Pupils are encouraged to write and record a song around the theme of 'Balanging'.

The competition has been inspired by the famous Eurovision Song Contest and we hope to see as many academies participate as possible.

This is the first year of running this competition and we hope it will grow into a wonderful annual showcase of QAT's budding musicians!

Any staff member within your academy can run this competition. It could be a science technician who is in a band or part of the catering team who has a passion for composing. It can be a weekly enrichment club, a one-off workshop, or pupils can simply work as an individual or group and send it to the named staff contact in academy, who will then submit it to the central team by emailing youroatvisionsongcontest@ormistonacademies.co.uk on their behalf.

Where academies have more than one entry, they will need to vote for their favourite and submit it to yourpatvisionsongcontest@ormistonacademies.co.uk no later than 26 April 2024. All entries will be reviewed by judges on 3 May 2024. The winning song will be celebrated with an announcement on Friday 10 May 2024.

#### Submission requirements:

- Quality audio or video recording of the song, no longer than two minutes long.
- · Written copy of the lyrics.
- A short description, either verbal or written, of how their song links to the theme of 'Belonging'.
- Solo, duet, and group\* performances welcome
- All submissions must include a credits list which details names of pupils involved, year group, academy and their roles in the performance or composition.
- \* Band or performer name where applicable.

"Drougs about Frictude no over them 15 performers.

If you have any queries, please either contact your regional enrichment social action co-ordinator (RESA) or omail youroatvisionsongcontest@ormistonacademies.co.uk

Timescale

Leunch date: 15 January 2024 Submission to staff in school: 19 April 2024 Academies to select favourite song and submit no later than 26 April 2024\* Judging will take place on 3 May 2024 Announcement of winning song on 10 May 2024

We are unable to account any submissions ofter this date.





## for your information

## Introducing the new FYI website for young people in Norfolk & Waveney

Norfolk and Waveney Children and Young People's Health Services have launched a brand-new website 'FYI' for those aged 11-24, who are seeking self-care advice, information and guidance about their health and wellbeing. The new website is validated by NHS clinicians and other professionals, making it a reliable source of information on topics such as, health, education, relationships, emotional and mental health and much more.



Using interactive content, downloadable resources and real-life experiences, FYI aims to empower young people to take control of their health and wellbeing, as well as providing information on accessing further local help and advice if needed.



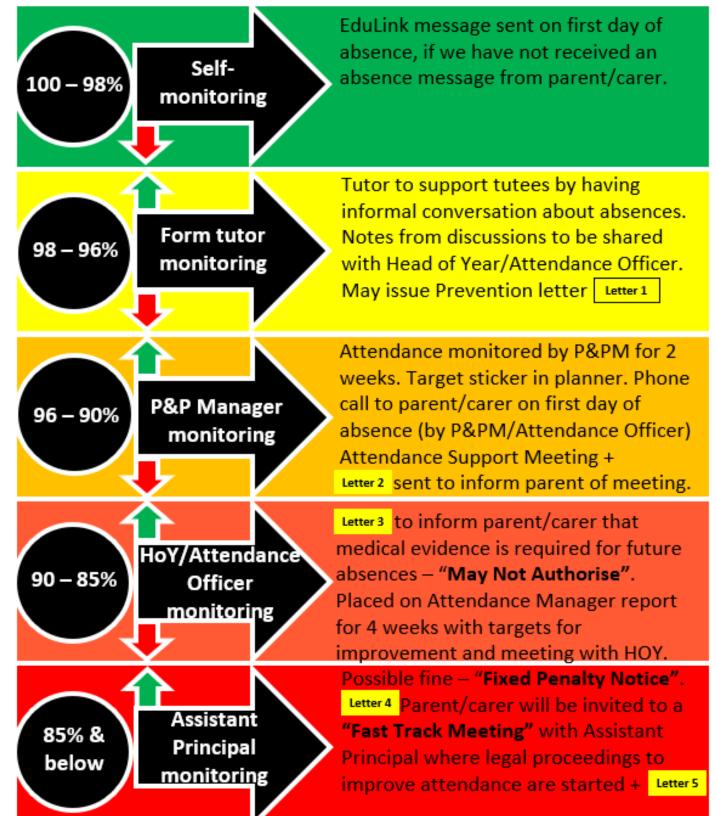
www.fyinorfolk.nhs.uk

Principal: Matthew Sprake Vice Principal: Simon Laycock

## 27th March 2024

How our academy will support you with achieving excellent attendance!



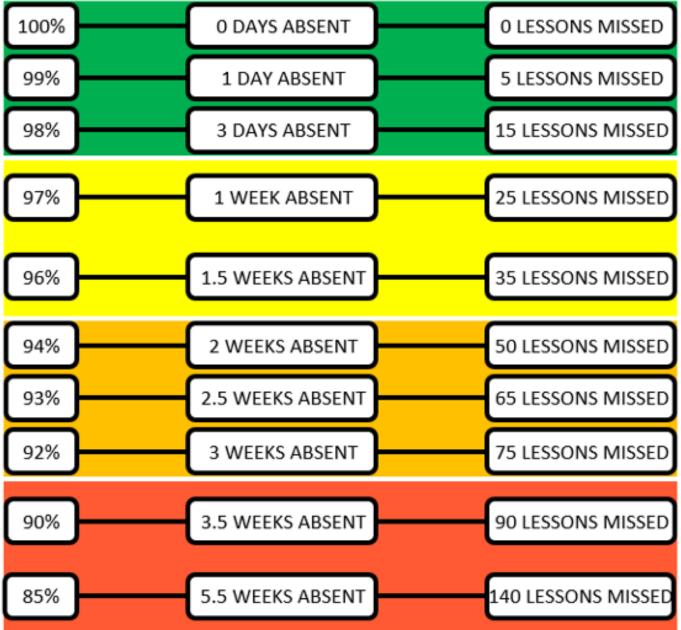


Principal: Matthew Sprake Vice Principal: Simon Laycock

## 27th March 2024

Excellent attendance matters!





Be the best you..... ATTEND EVERY LESSON, EVERY DAY ON TIME.

## What does your sparetime look like?

Flying, sports, target shooting, drill, adventure training, camping, fieldcraft, canoeing, archery, abseiling and more... all whilst hanging out with new friends and having fun!

#### 222 (Broadlands) Squadron Air Cadets

Monday and Friday evenings | 7–9.30pm Broadland High Ormiston Academy Are you 12 years old and in Year 8? O G-CGX

## Join us today!

Register your interest by emailing 222@rafac.mod.gov.uk

or visit 222-atc.org.uk

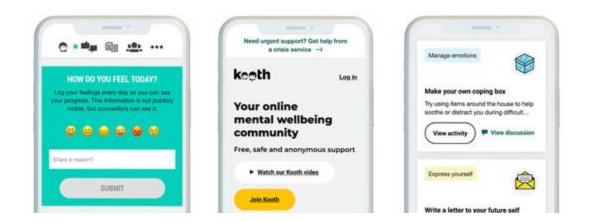


**OROYAL AIR FORCE AIR CADETS** the next generation

### Principal: Matthew Sprake Vice Principal: Simon Laycock

## 27th March 2024

### Kooth



**Kooth** is a web based confidential support service available to young people. Kooth provides a safe and secure means of accessing mental health and wellbeing support designed specifically for young people.

**Kooth** offers young people the opportunity to have a text-based conversation with a qualified counsellor. Counsellors are available from 12noon to 10pm on weekdays and 6pm to 10pm at weekends, every day of the year on a drop-in basis. Young people can access regular booked online counselling sessions as needed. Outside counselling hours' young people can message our team and get support within 24 hours.

When students register with **Kooth** they will have support available to them now and in the future. Support can be gained not only through counselling but articles, forums and discussion boards. All content is age appropriate, clinically approved and fully moderated.

> To find out more visit <u>www.Koothplc.com</u> (adults)

www.kooth.com (young people)

where young people can register and others can find out more about the service.

You can also view a short video about the service at: https://vimeo.com/318731977/a9f32c87de.





Principal: Matthew Sprake Vice Principal: Simon Laycock

## 27th March 2024

### Safer Schools App

As part of OAT we have free access to the Safer Schools App. The Safer Schools App is an award-winning safeguarding resource, developed in partnership between Ineqe Safeguarding Group and Zurich Municipal, that helps entire school communities to better protect themselves in the digital world, through delivering contemporary and contextual safeguarding information to teachers, students, parents and carers.

Parents and carers have access to information on the popular social media platforms used by their children and their friends. They are also provided with an insight on critical issues such as bullying, sexting and gaming and are given easy to follow advice on how they can make their homes and the devices they give their children safer. Parents and carers can download the app and scan the QR code to the left or enter the code for our academy - 7675.

Students have access to age appropriate information, advice and guidance on keeping themselves safe online. Students can download the app and scan the QR code to the right or enter the code for our academy - 4898. If you have any questions or concerns about safeguarding please do not hesitate to contact one of the BHOA team.

danielleratcliffe@broadlandhighoa.co.uk rachelwyatt@broadlandhighoa.co.uk melaniestubbings@broadlandhighoa.co.uk









## Tuesdays 6.10pm - 7.00pm at The Garage

Book your place here: https://www.thegarage.org.uk/classes/



Norfolk County Youth Choir is a choir for young people from across Norfolk. Open to young people from Year 6 upwards; there is no audition required, it is free to attend, and all you need to join is a love of singing and a desire to improve your skills.

This is a great way to reconnect with live singing; a relaxed and welcoming space to explore music, performance and share the fantastic benefits of singing together.

The Choir is free to attend but booking is required.