

19th April 2024

Principal's Update

I hope that this edition of the bulletin finds you well at the end of a very wet first week of the summer term.

The holiday started with a really great quiz and chips event at the school, it was lovely to see teams of staff, students and parents. Thank you to all of you that came out, we're looking forward to the next one!

There were a number of revision sessions on site for Year 11 students during the holiday. The year group have come back really focussed for this final run in, and details of leavers events and study leave will be sent home to parents next week.

Our Eco-Council had a really productive final last day of term, with Will and Charlie working particularly hard on the raised beds. The grass around the orchard has been mowed and planting in place for some cracking squash and cucumber yields in May/ June!

In assemblies this and next week we are talking to students about our school values which we will follow up with some parent focus groups this term.

Finally, thank you again to those staff that gave up their time for Year 9 and Year 10 students to have a rewarding trip to Valencia!

Have a good weekend.



BROADLAND ON BROADWAY

A NIGHT OF MUSICAL THEATRE



RM Unify

After Easter, students will no longer be taken to the RM Unify page when they open up a web browser in school. Instead, they will be directed to

https://ormistonacademiestrust.sharepoint.com/sites/bhoa_launchpad

DATES

Tuesday 25th June 2024 - 7pm

Wednesday 26th June 2024 - 7pm

Doors open at 6:30pm

TICKETS

£7.00 and available to purchase

from the Broadland High

Academy shop (ParentPay.com)

INFO

No flash photography and strictly no video permitted. A short interval with refreshments available in exchange for a donation.

VENUE

Broadland High Ormiston Academy

Tunstead Road, Hoveton, NR12 8QN

19th April 2024

PSHE Update

Students will study the following topics in PSHE after the Easter break.

Y7 - Making a Change

- What is Parliament?
- How are political parties similar and different
- What happens in a General Election?

Y8 - First Aid

- Which common health conditions should I know about?
- First aid
- What is CPR, and how do defibrillators work?
- What do antibiotics do to my body? + Vaccinations

Y9 - Relationships

- What do healthy, romantic relationships look like?
- What is consent?
- What are potential signs of abuse?
- How are condoms used? + Contraception
- What are STIs?
- Are sexuality and gender identity the same thing?

Y10 - Relationships

- What are my personal boundaries?
- What is sexual harassment?
- What risks might be involved in sexual acts?
- What factors might affect my fertility?
- What options does someone have if they are pregnant?
- What happens during pregnancy? (inc. miscarriage, FASD)

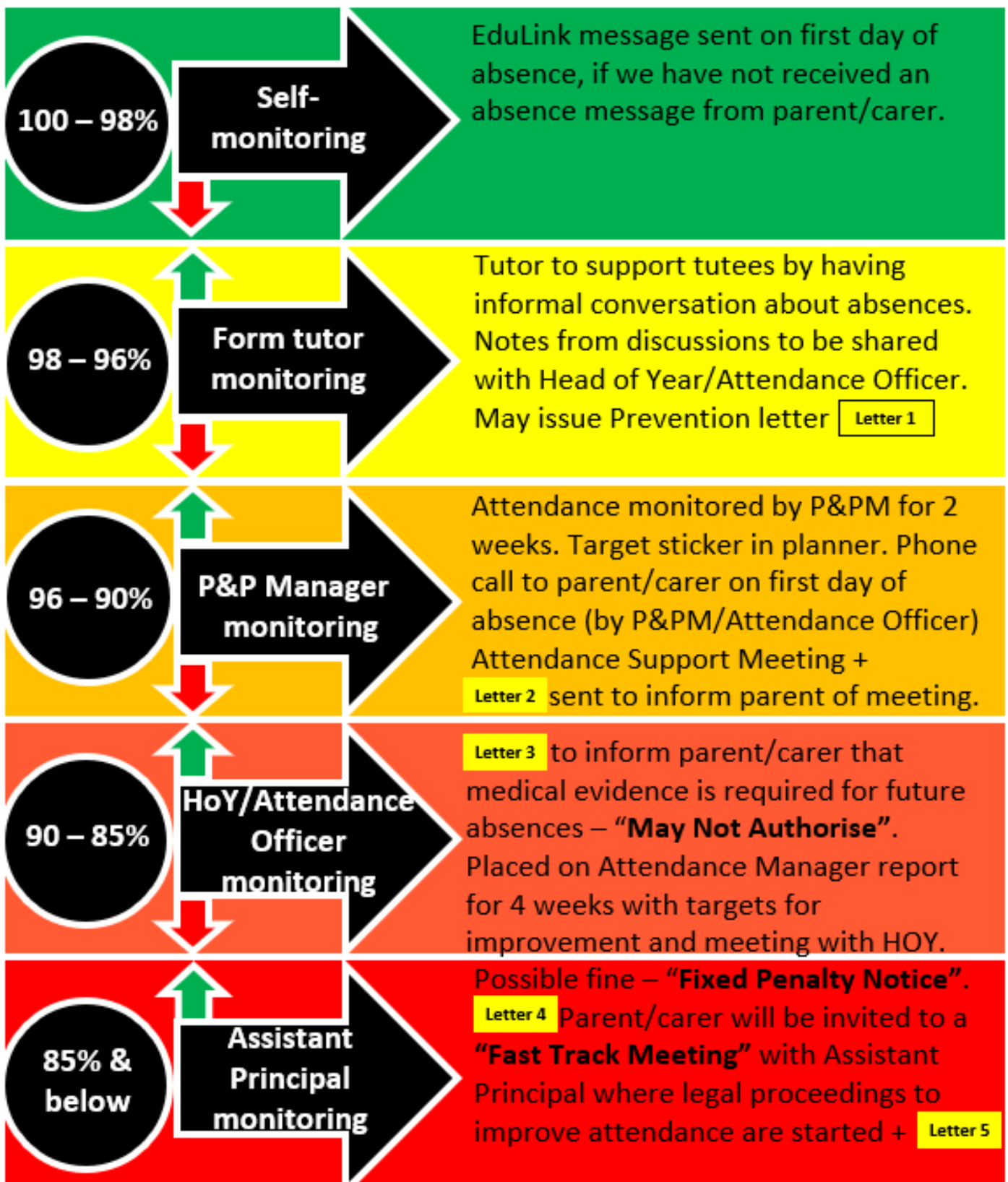
Y11 - Relationships

- How realistic is pornography?
- How can I maturely end a relationship?
- Where can I access sexual health services?"

Any issues or queries please email Miss Roberts
(lydiaroberts@broadlandhighoa.co.uk)

19th April 2024

How our academy will support you
with achieving excellent
attendance!



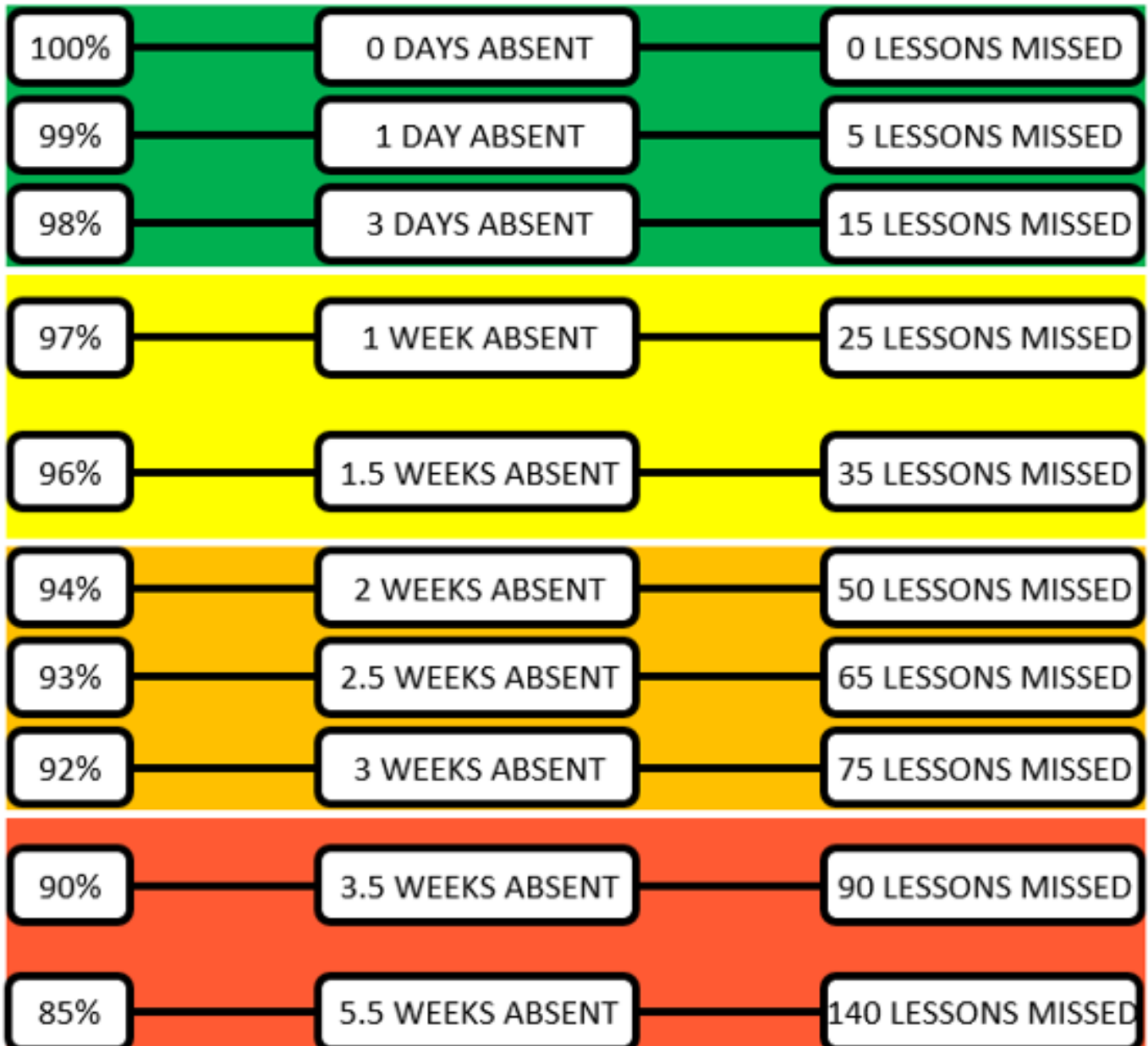
BROADLAND BULLETIN

Principal: Matthew Sprake
Vice Principal: Simon Laycock

19th April 2024

Excellent attendance matters!

BROADLAND
ORMISTON
ACADEMY HIGH



**Be the best you.....
ATTEND EVERY LESSON, EVERY DAY ON TIME.**

BROADLAND BULLETIN

Principal: Matthew Sprake
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19th April 2024

The future
is ours to make



Acle Cricket Club presents

Ladies & Girls Cricket Nights

Every Monday throughout the summer
from 13th May - 6:30-8:00pm

at Acle Recreation Centre, Bridewell Lane, Acle NR13 3RA

**Free of charge • Softball fun & games • Hardball introduction & coaching
No experience needed - focus is on having fun! • All equipment provided**

For more information contact Alex on 07979 368891

📷 @wegotgameofficial

WE GOT
GAME.

19th April 2024

HORSFORD CC YOUTH TRAINING

Horsford CC junior training runs every Friday throughout the summer from April 19th- August 30th. We offer cricket for all ages from 5-15 years old, with boys and girls softball & hardball.



FRIDAYS

April 19th- August 30th
18:00- 19:30



MANOR PARK

Holt Road, Norwich, NR10 3AQ



Contact Us

Peter Minns
pminns93@hotmail.co.uk



Free
Taster
Session



ORCHARD
HOMES



HORSFORD CC

BROADLAND BULLETIN

Principal: Matthew Sprake
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19th April 2024

FROM 9 SEPTEMBER 2023
NORFOLK UNITED NETBALL CLUB
UEA SPORTSPARK

JOIN US!

EMAIL: NUNCNORWICHJDC@GMAIL.COM

NORWICH JDC

YEARS 2-6: 9-10AM

YEARS 7-9: 10-11AM

OPEN TO BOYS AND GIRLS!



19th April 2024



In keeping with our commitment to provide students with outstanding careers guidance and tailored support when choosing their next steps after school, Broadland will shortly be using Unifrog, an award-winning, online destinations platform. All students in all Years will have access to this website by the end of the academic year.

We will begin with Year 10 students to enable them to add work experience placements - we will send Y10 students and their parents further information about how to do this next week.

Students access the platform by clicking a link in their welcome email, which will also be sent to their school email address next week. They will then be able to create a password and can begin using the platform.

They will sign in to Unifrog using their academy email address and password and they can do so from any computer, tablet, or smartphone. We would encourage you to use the platform with your child so you can support them through the process of deciding their next step.

Unifrog is the universal destinations platform and is designed to support learners in making the most informed decisions about their futures and has a range of tools that are suitable for all year groups. Each student has their own account where they can explore all the career and next step options available to them and find information on everything from managing their workload to writing a winning CV. Students have access to a wide variety of video and written content, and interactive quizzes and tests, including:

Section of the platform	Examples of what students can do	Suitable age range
Quizzes	Finding their interests, personality type, preferred work environment, and skillset.	Years 7-11
Exploring pathways	Explore careers, career sectors, subjects, sign up to free webinars, explore MOOCs and courses, and find wider reading materials.	Years 7-11
Recording what you've done	Record their in-class and extracurricular activities, record examples of their skills, and see the record of CEIAG events the school has added to their accounts.	Years 7-11
Work experience placements	Record their work experience placement, keep track of its approval process, fill in a day today placement diary.	Year 10

19th April 2024

Come and join us for a



FOOTBALL PERFORMANCE DAY

with our Academy Coaches

Monday 8th April

Football on the 3G pitch.
Strength & Conditioning in the Performance
Coaching Area.
Bring appropriate footwear and clothing
for Football and indoor kit to wear in the gym.

YEAR 7/ 8 9am-12pm

YEAR 9/ 10 1-4pm



For more information
or to book a place,
please contact Sam Howlett on
01603 731561
or email
sam.howlett@ccn.ac.uk



OAT in Bloom

[OAT]
Ormiston Academies Trust
ACHIEVING MORE TOGETHER

2024 will see the 60th anniversary of Britain in Bloom. Over the years, Britain in Bloom has continued to bring people together, forged life-long relationships and enriched lives. The theme for this milestone year is 'friendship', and you are invited to get involved in an OAT competition, 'OAT in Bloom'.

The hope is that this event will inspire each OAT academy and their communities to make positive changes to their local environment through horticultural, environmental and community action.

This is an exciting time for all you green fingered students, staff, parents, and families to get gardening. Whether you are planting hanging baskets or raised planters, from vegetables patches to gardens, whatever you choose to grow and nurture, now is your time to shine.

Please submit evidence of your gardening project as photos to eco@ormistonacademies.co.uk.

- Each submission email should have the title 'OAT in Bloom'.
- Each submission must have the name of the person submitting. For pupils, please add age and year group.
- Each submission should include the academy name.

Deadline to submit is the end of the summer term 2024. Winners will be announced in **September 2024**.

Competition categories and requirements:

Best wild meadow

The goal of this category is allowing an area to return to nature and allow biodiversity to flourish.

Best garden design on paper

The goal of this category is to submit a garden designed on paper, fully annotated with a minimum of five labels explaining the garden design.

Most colourful display

The goal of this category is to create the most colourful planting display with the most impact

Best mini marvel

The goal of this category is to effectively utilise space and create a visual display of colour creatively with design and layout in a miniature space.

Best raised bed, container planting, including hanging baskets

The goal of this category is to effectively grow within raised beds, containers or in hanging baskets, being resourceful and eco-friendly in what is being used as containers

Best vegetable patch/fruit orchard/greenhouse

The goal of this category is to showcase the sustainability of food growing and its benefits for health and wellbeing.

Best community garden

The goal of this category is to develop an outdoor space that improves the local community/neighbourhood

Any questions please contact eco@ormistonacademies.co.uk.



YOUROATVISION SONG CONTEST

YourOATvision Song Contest is a composing and song writing competition, created exclusively for OAT pupils. Pupils are encouraged to write and record a song around the theme of 'Belonging'.

The competition has been inspired by the famous Eurovision Song Contest and we hope to see as many academies participate as possible.

This is the first year of running this competition and we hope it will grow into a wonderful annual showcase of OAT's budding musicians!

Any staff member within your academy can run this competition, it could be a science technician who is in a band or part of the catering team who has a passion for composing, it can be a weekly enrichment club, a one-off workshop, or pupils can simply work as an individual or group and send it to the named staff contact in academy, who will then submit it to the central team by emailing youroatvisionsongcontest@ormistonacademies.co.uk on their behalf.

Where academies have more than one entry, they will need to vote for their favourite and submit it to youroatvisionsongcontest@ormistonacademies.co.uk no later than **26 April 2024**. All entries will be reviewed by judges on **3 May 2024**. The winning song will be celebrated with an announcement on **Friday 10 May 2024**.

Submission requirements:

- ★ Quality audio or video recording of the song, no longer than two minutes long.
- ★ Written copy of the lyrics.
- ★ A short description, either verbal or written, of how their song links to the theme of 'Belonging'.
- ★ Solo, duet, and group* performances welcome.
- ★ All submissions must include a credits list which details names of pupils involved, year group, academy and their roles in the performance or composition.
- ★ Band or performer name where applicable.

*Groups should include no more than 15 performers.

If you have any queries, please either contact your regional enrichment social action co-ordinator (RESA) or email youroatvisionsongcontest@ormistonacademies.co.uk

Timescale

Launch date: 15 January 2024

Submission to staff in school: 19 April 2024

Academies to select favourite song and submit no later than 26 April 2024*

Judging will take place on 3 May 2024

Announcement of winning song on 10 May 2024

*We are unable to accept any submissions after this date.

for your information

Introducing the new FYI website for young people in Norfolk & Waveney

Norfolk and Waveney Children and Young People's Health Services have launched a brand-new website 'FYI' for those aged 11-24, who are seeking self-care advice, information and guidance about their health and wellbeing. The new website is validated by NHS clinicians and other professionals, making it a reliable source of information on topics such as, health, education, relationships, emotional and mental health and much more.



Using interactive content, downloadable resources and real-life experiences, FYI aims to empower young people to take control of their health and wellbeing, as well as providing information on accessing further local help and advice if needed.



www.fyinatorfolk.nhs.uk

What does your sparetime look like?



Flying, sports, target shooting, drill, adventure training, camping, fieldcraft, canoeing, archery, abseiling and more...
all whilst hanging out with new friends and having fun!

222 (Broadlands) Squadron Air Cadets

Monday and Friday evenings | 7–9.30pm

Broadland High Ormiston Academy

Are you
12 years old
and in Year 8?

Join us today!

Register your interest by emailing
222@rafac.mod.gov.uk

or visit 222-atc.org.uk



**ROYAL
AIR FORCE
AIR CADETS**
the next generation

19th April 2024

Kooth



Kooth is a web based confidential support service available to young people. Kooth provides a safe and secure means of accessing mental health and wellbeing support designed specifically for young people.

Kooth offers young people the opportunity to have a text-based conversation with a qualified counsellor. Counsellors are available from 12noon to 10pm on weekdays and 6pm to 10 pm at weekends, every day of the year on a drop-in basis. Young people can access regular booked online counselling sessions as needed. Outside counselling hours' young people can message our team and get support within 24 hours.

When students register with **Kooth** they will have support available to them now and in the future. Support can be gained not only through counselling but articles, forums and discussion boards. All content is age appropriate, clinically approved and fully moderated.

To find out more visit

www.Koothplc.com (adults)

www.kooth.com (young people)

where young people can register and others can find out more about the service.

You can also view a short video about the service at: <https://vimeo.com/318731977/a9f32c87de>.

19th April 2024

Safer Schools App

As part of OAT we have free access to the Safer Schools App. The Safer Schools App is an award-winning safeguarding resource, developed in partnership between Ineqe Safeguarding Group and Zurich Municipal, that helps entire school communities to better protect themselves in the digital world, through delivering contemporary and contextual safeguarding information to teachers, students, parents and carers.

Parents and carers have access to information on the popular social media platforms used by their children and their friends. They are also provided with an insight on critical issues such as bullying, sexting and gaming and are given easy to follow advice on how they can make their homes and the devices they give their children safer. Parents and carers can download the app and scan the QR code to the left or enter the code for our academy - 7675.

Students have access to age appropriate information, advice and guidance on keeping themselves safe online. Students can download the app and scan the QR code to the right or enter the code for our academy - 4898. If you have any questions or concerns about safeguarding please do not hesitate to contact one of the BHOA team.

danielleratcliffe@broadlandhighoa.co.uk rachelwyatt@broadlandhighoa.co.uk melaniestubbings@broadlandhighoa.co.uk



Tuesdays 6.10pm - 7.00pm at The Garage

Book your place here: <https://www.thegarage.org.uk/classes/>

Norfolk
COUNTY YOUTH
CHOIR

FREE

Norfolk County Youth Choir is a choir for young people from across Norfolk. Open to young people from Year 6 upwards; there is no audition required, it is free to attend, and all you need to join is a love of singing and a desire to improve your skills.

This is a great way to reconnect with live singing; a relaxed and welcoming space to explore music, performance and share the fantastic benefits of singing together.

The Choir is free to attend but booking is required.