

3rd May 2024

## Principal's Update

Y10 made an excellent start to the week, working with Mrs Mayhew on revision checklists in preparation for their end of year assessments taking place next half term. The year group worked brilliantly across two hours in ensuring that they know how to plan their revision for these assessments and final GCSE's. Year 10 parents will receive a revised date for the Post 16 information evening early next week.

Year 7-10 students will now have received a copy of their timetable they can use to highlight when they will have assessments in their lessons in the two weeks after half term. The assessments cover anything they have been taught in the subject so far at Broadland, but will focus mainly on this year's content. Copies of the knowledge organisers for all subjects can be found on the academy website under Curriculum.

Assemblies this week focussed on upcoming house enrichment competitions and charities week. All form groups will decide on the charity that they would like to support on Tuesday when we return from the bank holiday.

Finally, with GCSE's starting next week, good luck to all Year 11's who continue to work hard in preparation for these final exams!

I hope that you enjoy the bank holiday weekend

## Ormiston Key Priority - Reading

OAT has identified improving reading across the trust as a key priority for the coming year. As part of this, all students in y7-10 will take a short reading test over the coming weeks during KS3 Computing lessons or Y10 Core PE lessons. The results will then be used to put in place interventions where necessary from September.

Club	Group	Day	Teacher(s)
Running club	All	Monday	Mr Storey
GCSE PE revision	Year 11	Tuesday	Mrs Keel
Cricket	All	Tuesday	Mr Shreeve & Miss King
Tennis	KS3	Wednesday	Mr Tregale
Volleyball	Girls	Thursday	Mrs Keel

3rd May 2024

## Norfolk 'Careers Through Leadership' event at The Space

On Monday, a group of students went to The Space in Norwich to attend an excellent event run by Active Norfolk.

We had presentations, from 'Inspire +' Apprenticeships, the University of East Anglia, and Premier Sport, along with various tasks and challenges for the students on the day, set by the RAF, Easton College, Premier Sport, and other information regarding career options.

Hopefully the students have come away with a better idea of pathways they can follow, at various levels, if they choose to pursue PE & Sport as a career. The students listened perfectly and engaged with the sessions and presenters very well.

*Please find more information below*

### Information about apprenticeships

<https://www.gov.uk/apply-apprenticeship>

### UEA information

<https://app.geckoform.com/public/#/modern/FOEU014bMSabAaJL?field18727=Bespoke%20taster>

### Inspire+ information

<https://www.inspireplus.org.uk/become-a-pe-apprentice/>



3rd May 2024

## Careers Talk

Have you thought about a career in The British Army?

LCpl Waters from the Infantry Engagement Team will explain the many different roles and apprenticeship routes available to you.

Thursday 9<sup>th</sup> May in the Library at 11.50-12.20 Or 12.25-12.55

Available to ALL year groups

You may choose the time you come, but if you have an assembly that day, you must come during your lunch break.

You may bring your lunch with you.

## PE department notices

### PE Summer Term 1- Basic expectations

#### **Remember to bring your drink with you**

(no energy drinks, fizzy or juice) . Students are not to go backwards and forwards to the changing rooms etc during the lesson.

Ensure you have **named** all your PE and drink bottle.

If students arrive without their full PE kit or attend lessons with jewellery and long hair untied, they will receive a debit as this is not meeting 'basic expectations'





# BROADLAND ON BROADWAY

A NIGHT OF MUSICAL THEATRE



## RM Unify

After Easter, students will no longer be taken to the RM Unify page when they open up a web browser in school. Instead, they will be directed to

[https://ormistonacademiestrust.sharepoint.com/sites/bhoa\\_launchpad](https://ormistonacademiestrust.sharepoint.com/sites/bhoa_launchpad)

## DATES

Tuesday 25th June 2024 - 7pm

Wednesday 26th June 2024 - 7pm

Doors open at 6:30pm

## TICKETS

£7.00 and available to purchase

from the Broadland High

Academy shop (ParentPay.com)

## INFO

No flash photography and strictly no video permitted. A short interval with refreshments available in exchange for a donation.

## VENUE

Broadland High Ormiston Academy

Tunstead Road, Hoveton, NR12 8QN

3rd May 2024

## PSHE Update

Students will study the following topics in PSHE after the Easter break.

### Y7 - Making a Change

- What is Parliament?
- How are political parties similar and different
- What happens in a General Election?

### Y8 - First Aid

- Which common health conditions should I know about?
- First aid
- What is CPR, and how do defibrillators work?
- What do antibiotics do to my body? + Vaccinations

### Y9 - Relationships

- What do healthy, romantic relationships look like?
- What is consent?
- What are potential signs of abuse?
- How are condoms used? + Contraception
- What are STIs?
- Are sexuality and gender identity the same thing?


### Y10 - Relationships

- What are my personal boundaries?
- What is sexual harassment?
- What risks might be involved in sexual acts?
- What factors might affect my fertility?
- What options does someone have if they are pregnant?
- What happens during pregnancy? (inc. miscarriage, FASD)

### Y11 - Relationships

- How realistic is pornography?
- How can I maturely end a relationship?
- Where can I access sexual health services?"

Any issues or queries please email Miss Roberts  
([lydiaroberts@broadlandhighoa.co.uk](mailto:lydiaroberts@broadlandhighoa.co.uk))



Join us at

SAXON AIR™

# INNOVATE STUDIO

Join Saxon Air and partners on Saturday 11th May 2024 for the very first Innovate Studio Careers workshop! Experience the world of Aviation, Design, Sustainability and Engineering like never before!

**WHO:** 14 - 18 year olds

*(under 16's must accompanied by parent/carer)*

**WHERE:** Business Aviation Centre, Saxon Air, NR6 6JT

**WHEN:** Saturday 11th May 10am - 1pm

Free to attend. No special requirements just an interest in STEM, Aviation, and/or Engineering.

To book your place scan here.  
£10 entry, or free if you travel to us  
by public transport.







# More information

# INNOVATE STUDIO

# SAXON AIR™

Join our carousel-style workshop to interact with employers like Saxon Air. Contribute to our 'Community Plane' build for delivering aid. Learn ground handling, design a plane wrap, or discuss sustainable transport. Gain valuable employability skills for any career.

**Hands-On experience:** Dive into the heart of aviation as we continue our groundbreaking 'Community Plane' build project. Try your hand at landing a helicopter or jet in our two 'world first' simulators.

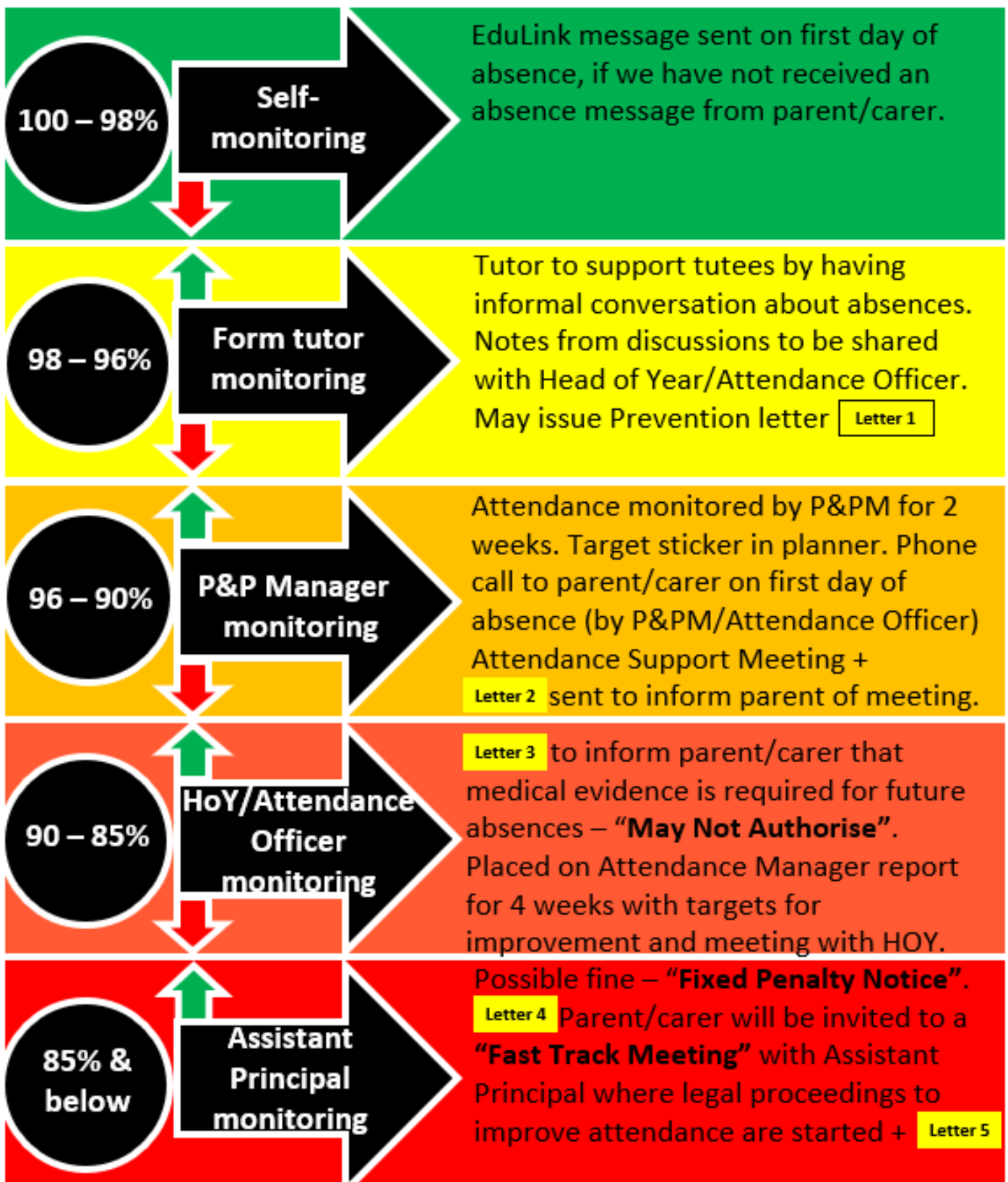
**Collaborate with experts:** Work with our Flight Support team to get actual experience of a working airport. Hear from our partners about the future of sustainability and brush up on your employability skills with interactive workshops and activities.

**Change the world:** Discover the impact Aviation has on our planet and learn how sustainable practices are shaping the future of air travel. Explore the intersection of science, engineering, and environmental consciousness as we delve into the transformative power of flight and electric propulsion.

**Career exploration:** Unlock the doors to exciting career opportunities in Aviation, Engineering, Design, Sustainability and more!

3rd May 2024

How our academy will support you  
with achieving excellent  
attendance!



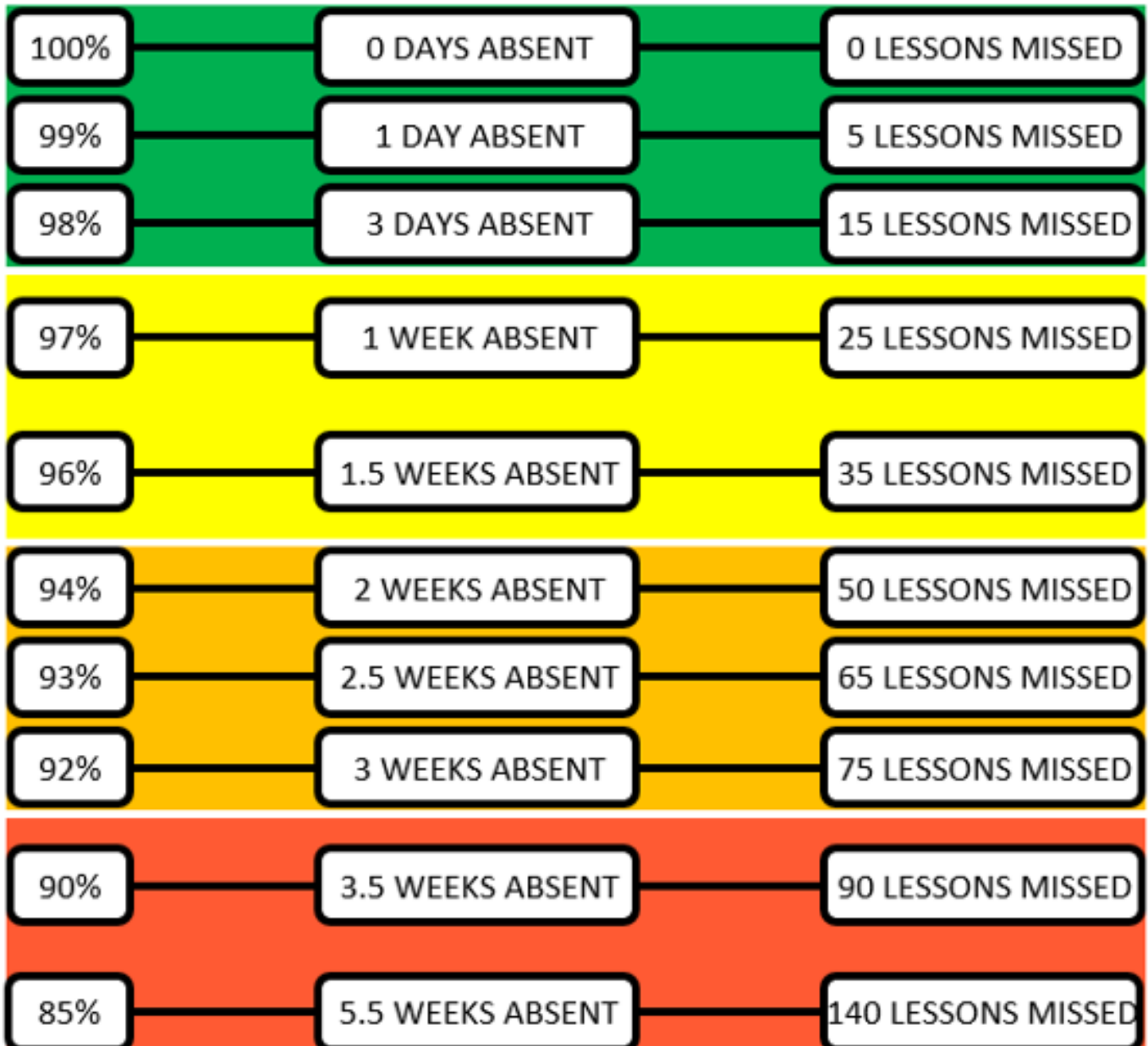


# BROADLAND BULLETIN

Principal: Matthew Sprake  
Vice Principal: Simon Laycock

3rd May 2024

Excellent attendance matters!



**Be the best you.....  
ATTEND EVERY LESSON, EVERY DAY ON TIME.**

# BROADLAND BULLETIN

Principal: Matthew Sprake  
Vice Principal: Simon Laycock

3rd May 2024

**The future  
is ours to make**



Acle Cricket Club presents

## **Ladies & Girls Cricket Nights**

Every Monday throughout the summer  
from 13th May - 6:30-8:00pm

at Acle Recreation Centre, Bridewell Lane, Acle NR13 3RA

**Free of charge • Softball fun & games • Hardball introduction & coaching  
No experience needed - focus is on having fun! • All equipment provided**

For more information contact Alex on 07979 368891

📷 @wegotgameofficial

**# WE GOT  
GAME.**



# BROADLAND BULLETIN

Principal: Matthew Sprake  
Vice Principal: Simon Laycock

3rd May 2024

## HORSFORD CC YOUTH TRAINING

Horsford CC junior training runs every Friday throughout the summer from April 19th- August 30th. We offer cricket for all ages from 5-15 years old, with boys and girls softball & hardball.



### FRIDAYS

April 19th- August 30th  
18:00- 19:30



### MANOR PARK

Holt Road, Norwich, NR10 3AQ



### Contact Us

Peter Minns  
[pminns93@hotmail.co.uk](mailto:pminns93@hotmail.co.uk)



Free  
Taster  
Session



ORCHARD  
HOMES



HORSFORD CC



# BROADLAND BULLETIN

Principal: Matthew Sprake  
Vice Principal: Simon Laycock

3rd May 2024

FROM 9 SEPTEMBER 2023  
NORFOLK UNITED NETBALL CLUB  
UEA SPORTSPARK

# JOIN US!

EMAIL: [NUNCNORWICHJDC@GMAIL.COM](mailto:NUNCNORWICHJDC@GMAIL.COM)

# NORWICH JDC

YEARS 2-6: 9-10AM

YEARS 7-9: 10-11AM

OPEN TO BOYS AND GIRLS!



3rd May 2024



In keeping with our commitment to provide students with outstanding careers guidance and tailored support when choosing their next steps after school, Broadland will shortly be using Unifrog, an award-winning, online destinations platform. All students in all Years will have access to this website by the end of the academic year.

We will begin with Year 10 students to enable them to add work experience placements - we will send Y10 students and their parents further information about how to do this next week.

Students access the platform by clicking a link in their welcome email, which will also be sent to their school email address next week. They will then be able to create a password and can begin using the platform.

They will sign in to Unifrog using their academy email address and password and they can do so from any computer, tablet, or smartphone. We would encourage you to use the platform with your child so you can support them through the process of deciding their next step.

Unifrog is the universal destinations platform and is designed to support learners in making the most informed decisions about their futures and has a range of tools that are suitable for all year groups. Each student has their own account where they can explore all the career and next step options available to them and find information on everything from managing their workload to writing a winning CV. Students have access to a wide variety of video and written content, and interactive quizzes and tests, including:

<b>Section of the platform</b>	<b>Examples of what students can do</b>	<b>Suitable age range</b>
Quizzes	Finding their interests, personality type, preferred work environment, and skillset.	Years 7-11
Exploring pathways	Explore careers, career sectors, subjects, sign up to free webinars, explore MOOCs and courses, and find wider reading materials.	Years 7-11
Recording what you've done	Record their in-class and extracurricular activities, record examples of their skills, and see the record of CEIAG events the school has added to their accounts.	Years 7-11
Work experience placements	Record their work experience placement, keep track of its approval process, fill in a day today placement diary.	Year 10





# OAT in Bloom

**[OAT]**  
Ormiston Academies Trust  
ACHIEVING MORE TOGETHER

2024 will see the 60th anniversary of Britain in Bloom. Over the years, Britain in Bloom has continued to bring people together, forged life-long relationships and enriched lives. The theme for this milestone year is 'friendship', and you are invited to get involved in an OAT competition, 'OAT in Bloom'.

The hope is that this event will inspire each OAT academy and their communities to make positive changes to their local environment through horticultural, environmental and community action.

This is an exciting time for all you green fingered students, staff, parents, and families to get gardening. Whether you are planting hanging baskets or raised planters, from vegetables patches to gardens, whatever you choose to grow and nurture, now is your time to shine.

Please submit evidence of your gardening project as photos to [eco@ormistonacademies.co.uk](mailto:eco@ormistonacademies.co.uk).

- Each submission email should have the title 'OAT in Bloom'.
- Each submission must have the name of the person submitting. For pupils, please add age and year group.
- Each submission should include the academy name.

Deadline to submit is the end of the summer term 2024. Winners will be announced in **September 2024**.

Competition categories and requirements:

#### **Best wild meadow**

*The goal of this category is allowing an area to return to nature and allow biodiversity to flourish.*

#### **Best garden design on paper**

*The goal of this category is to submit a garden designed on paper, fully annotated with a minimum of five labels explaining the garden design.*

#### **Most colourful display**

*The goal of this category is to create the most colourful planting display with the most impact*

#### **Best mini marvel**

*The goal of this category is to effectively utilise space and create a visual display of colour creatively with design and layout in a miniature space.*

#### **Best raised bed, container planting, including hanging baskets**

*The goal of this category is to effectively grow within raised beds, containers or in hanging baskets, being resourceful and eco-friendly in what is being used as containers*

#### **Best vegetable patch/fruit orchard/greenhouse**

*The goal of this category is to showcase the sustainability of food growing and its benefits for health and wellbeing.*

#### **Best community garden**

*The goal of this category is to develop an outdoor space that improves the local community/neighbourhood*

Any questions please contact [eco@ormistonacademies.co.uk](mailto:eco@ormistonacademies.co.uk).





for your information

## Introducing the new FYI website for young people in Norfolk & Waveney

Norfolk and Waveney Children and Young People's Health Services have launched a brand-new website 'FYI' for those aged 11-24, who are seeking self-care advice, information and guidance about their health and wellbeing. The new website is validated by NHS clinicians and other professionals, making it a reliable source of information on topics such as, health, education, relationships, emotional and mental health and much more.



Using interactive content, downloadable resources and real-life experiences, FYI aims to empower young people to take control of their health and wellbeing, as well as providing information on accessing further local help and advice if needed.



[www.fyinatorfolk.nhs.uk](http://www.fyinatorfolk.nhs.uk)



# What does your sparetime look like?



Flying, sports, target shooting, drill, adventure training, camping, fieldcraft, canoeing, archery, abseiling and more...  
**all whilst hanging out with new friends and having fun!**

## 222 (Broadlands) Squadron Air Cadets

Monday and Friday evenings | 7–9.30pm

Broadland High Ormiston Academy

Are you  
12 years old  
and in Year 8?

## Join us today!

Register your interest by emailing  
[222@rafac.mod.gov.uk](mailto:222@rafac.mod.gov.uk)

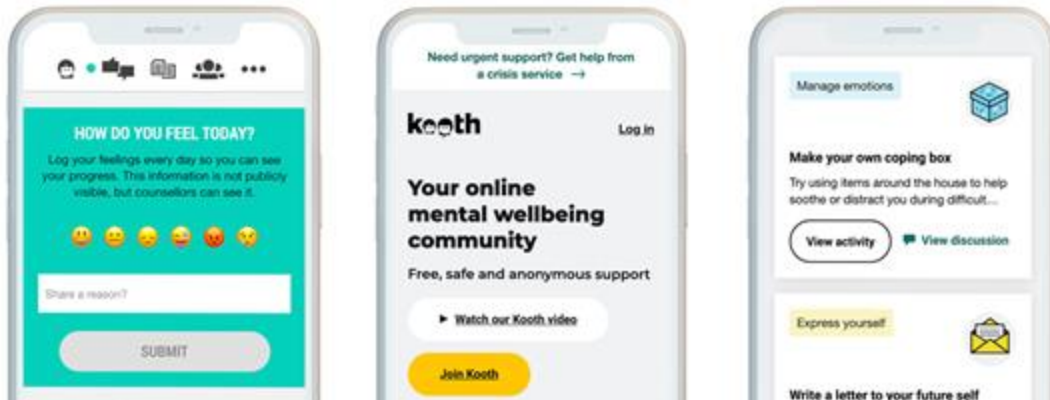
or visit [222-atc.org.uk](http://222-atc.org.uk)



**ROYAL  
AIR FORCE  
AIR CADETS**  
the next generation

3rd May 2024

## Kooth



**Kooth** is a web based confidential support service available to young people. Kooth provides a safe and secure means of accessing mental health and wellbeing support designed specifically for young people.

**Kooth** offers young people the opportunity to have a text-based conversation with a qualified counsellor. Counsellors are available from 12noon to 10pm on weekdays and 6pm to 10 pm at weekends, every day of the year on a drop-in basis. Young people can access regular booked online counselling sessions as needed. Outside counselling hours' young people can message our team and get support within 24 hours.

When students register with **Kooth** they will have support available to them now and in the future. Support can be gained not only through counselling but articles, forums and discussion boards. All content is age appropriate, clinically approved and fully moderated.

To find out more visit

[www.Koothplc.com](http://www.Koothplc.com) (adults)

[www.kooth.com](http://www.kooth.com) (young people)

where young people can register and others can find out more about the service.

You can also view a short video about the service at: <https://vimeo.com/318731977/a9f32c87de>.



3rd May 2024

## Safer Schools App

As part of OAT we have free access to the Safer Schools App. The Safer Schools App is an award-winning safeguarding resource, developed in partnership between Ineqe Safeguarding Group and Zurich Municipal, that helps entire school communities to better protect themselves in the digital world, through delivering contemporary and contextual safeguarding information to teachers, students, parents and carers.

Parents and carers have access to information on the popular social media platforms used by their children and their friends. They are also provided with an insight on critical issues such as bullying, sexting and gaming and are given easy to follow advice on how they can make their homes and the devices they give their children safer. Parents and carers can download the app and scan the QR code to the left or enter the code for our academy - 7675.

Students have access to age appropriate information, advice and guidance on keeping themselves safe online. Students can download the app and scan the QR code to the right or enter the code for our academy - 4898. If you have any questions or concerns about safeguarding please do not hesitate to contact one of the BHOA team.

[danielleratcliffe@broadlandhighoa.co.uk](mailto:danielleratcliffe@broadlandhighoa.co.uk) [rachelwyatt@broadlandhighoa.co.uk](mailto:rachelwyatt@broadlandhighoa.co.uk) [melaniestubbings@broadlandhighoa.co.uk](mailto:melaniestubbings@broadlandhighoa.co.uk)



**Tuesdays 6.10pm - 7.00pm at The Garage**

Book your place here: <https://www.thegarage.org.uk/classes/>



**Norfolk**  
COUNTY YOUTH  
**CHOIR**

**FREE**

**Norfolk County Youth Choir is a choir for young people from across Norfolk. Open to young people from Year 6 upwards; there is no audition required, it is free to attend, and all you need to join is a love of singing and a desire to improve your skills.**

**This is a great way to reconnect with live singing; a relaxed and welcoming space to explore music, performance and share the fantastic benefits of singing together.**

The Choir is free to attend but booking is required.