

14th June 2024

Principal's Update

A huge thanks to the nearly 100 students and staff that have just finished working together to clear exam tables out of the main hall and into the sports hall, so that we can prepare for Broadland on Broadway!

Good luck to Yr10 who start their summer assessments next week in the sports hall, and a reminder that Y10 students have chosen enrichment activities for their tutor time sessions during the assessments, those that have chosen PE need to bring trainers in each day. As the assessments are taking place in the sports hall, we will be asking students in other years not to use the playground area at break and lunch.

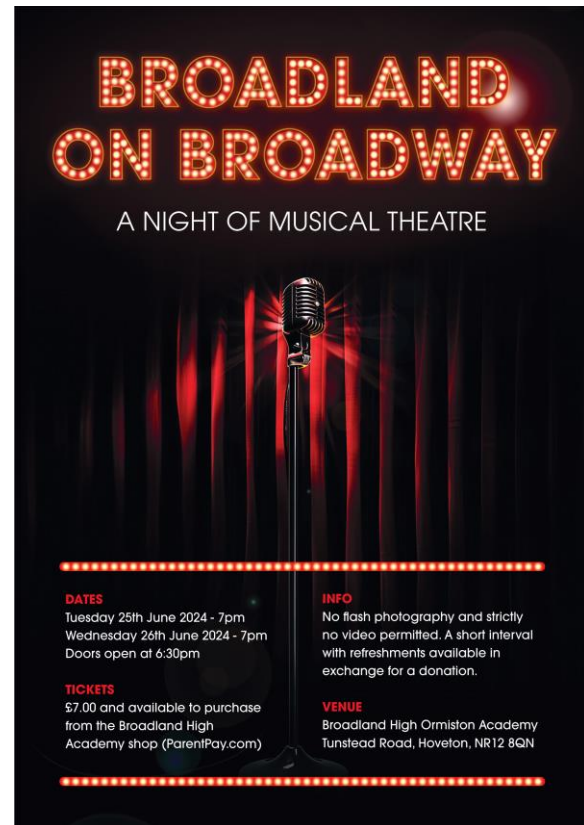
There has been a lot in the press this year around the impact of mobile phones in schools on concentration, safeguarding and student behaviour.

For a number of years, our position at Broadland High has been that all students with mobile phones should ensure that they are switched off and, in their bag, when on site during the school day. This does mean that we should not see students carrying their phones in pockets during the day. A number of our students have their bus passes on their mobile phones and where this is the case we are happy for students to take phones out as they board the bus, and in the event of late running buses use their phone to inform parents after 3.10.

One of the reasons that our policy is that phones are off and in bags is that the presence of a smartphone affects attention and concentration, impacting learning and recall. We also feel strongly that we all, particularly young people, benefit from a 'digital detox'. Recent studies have shown that 46% of pupils say they are online almost constantly, which has doubled from 2015. The links between smartphones/ social media and young people's mental health are well documented, and [this article](#) on the BBC about teens and smart phones was really interesting.

On a number of occasions this year we have asked staff to support this by ensuring that phones are off and away at the start of P1 and this will take place more regularly from Monday. We would also like to remind any student that needs to contact home to use the office or their pastoral base rather than their mobile phone. Equally, if parents need to contact their child with urgent messages these can be relayed via the office.

Finally, congratulations to Year 11, many of whom had their final examination today. We will miss this super year group immensely and look forward to celebrating with them at the prom on June



DATES

Tuesday 25th June 2024 - 7pm
Wednesday 26th June 2024 - 7pm
Doors open at 6:30pm

TICKETS

£7.00 and available to purchase
from the Broadland High
Academy shop (ParentPay.com)

INFO

No flash photography and strictly
no video permitted. A short interval
with refreshments available in
exchange for a donation.

VENUE

Broadland High Ormiston Academy
Tunstead Road, Hoveton, NR12 8QN

PSHE

As part of our work in ensuring that our PSHE curriculum is relevant and has a positive impact on our students and community, we would appreciate parents taking a few minutes to have a look at the brief survey [here](#).

Your responses to these questions are anonymous, therefore we will not be asking for any personal information or details which would allow you to be identified (however, we have the option to leave your email address if you would like to further be involved in the conversation).

14th June 2024

PE department notices

BROADLAND HIGH
ORMISTON ACADEMY

Summer Term Clubs 3-4pm (open to all)

Tuesdays (excluding 25th June) - House competitions.

Wednesdays - Summer sports (choice including tennis, rounders, athletics).

House competitions will be running afterschool over the next few weeks. Check the notice boards and sign up on EduLink for each individual event.

House Capture the Flag on Tuesday (18th) 3-4pm.

Year 11s- If you have any PE kit that you no longer require, we would be very grateful for any donations to help the PE department.

Trainers A reminder ALL students should be wearing **different** footwear for PE. They should NOT be wearing smart black trainers that are worn as part of normal school uniform for PE lessons.

From 17- 27th of June we do not have use of the sports hall- students must be prepared to go outside even if the weather isn't fitting with the season!

PE Basic expectations

- Remember to bring your drink with you .
- Ensure you have named all your PE kit and drinks bottle.
- No jewellery
- Long hair tied up (gents with long hair, that includes you!)



House Capture the Flag! Tuesday 18th June 3-4pm



Please sign up on Edulink ASAP

What does your sparetime look like?



Flying, sports, target shooting, drill, adventure training, camping, fieldcraft, canoeing, archery, abseiling and more...
all whilst hanging out with new friends and having fun!

222 (Broadlands) Squadron Air Cadets

Monday and Friday evenings | 7–9.30pm

Broadland High Ormiston Academy

Are you
12 years old
and in Year 8?

Join us today!

Register your interest by emailing
222@rafac.mod.gov.uk

or visit 222-atc.org.uk



**ROYAL
AIR FORCE
AIR CADETS**
the next generation



Frettenham CC

Youth Hardball Cricket Under 11 - Under 13

Saturday mornings

9:30-11:00

Frettenham Village Hall

Suitable for all levels - beginners welcome!

All sessions run by ECB qualified coach.

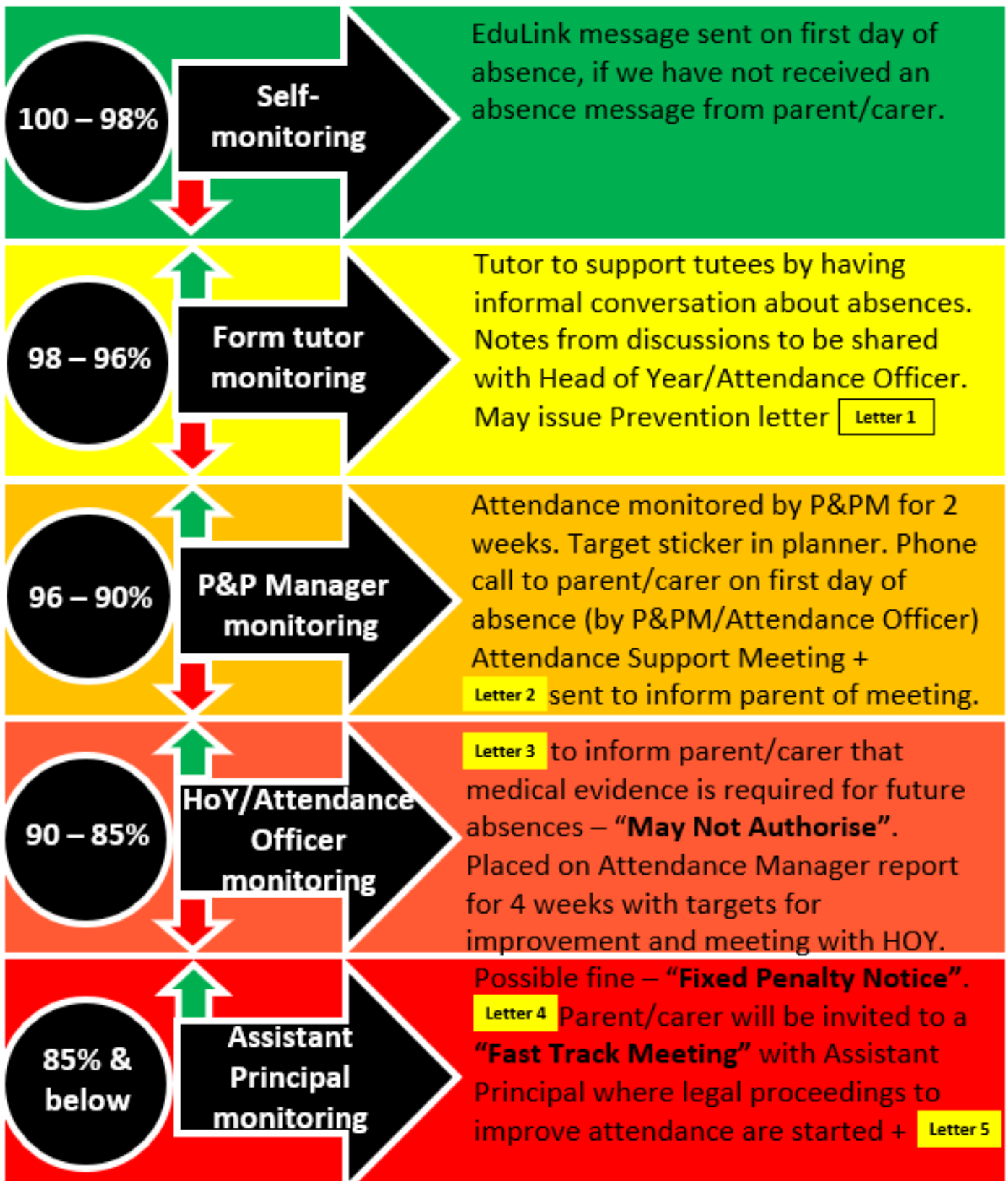
**For more details contact David
frettenhamccyouth@gmail.com**

@Frettenhamcc



14th June 2024

How our academy will support you
with achieving excellent
attendance!

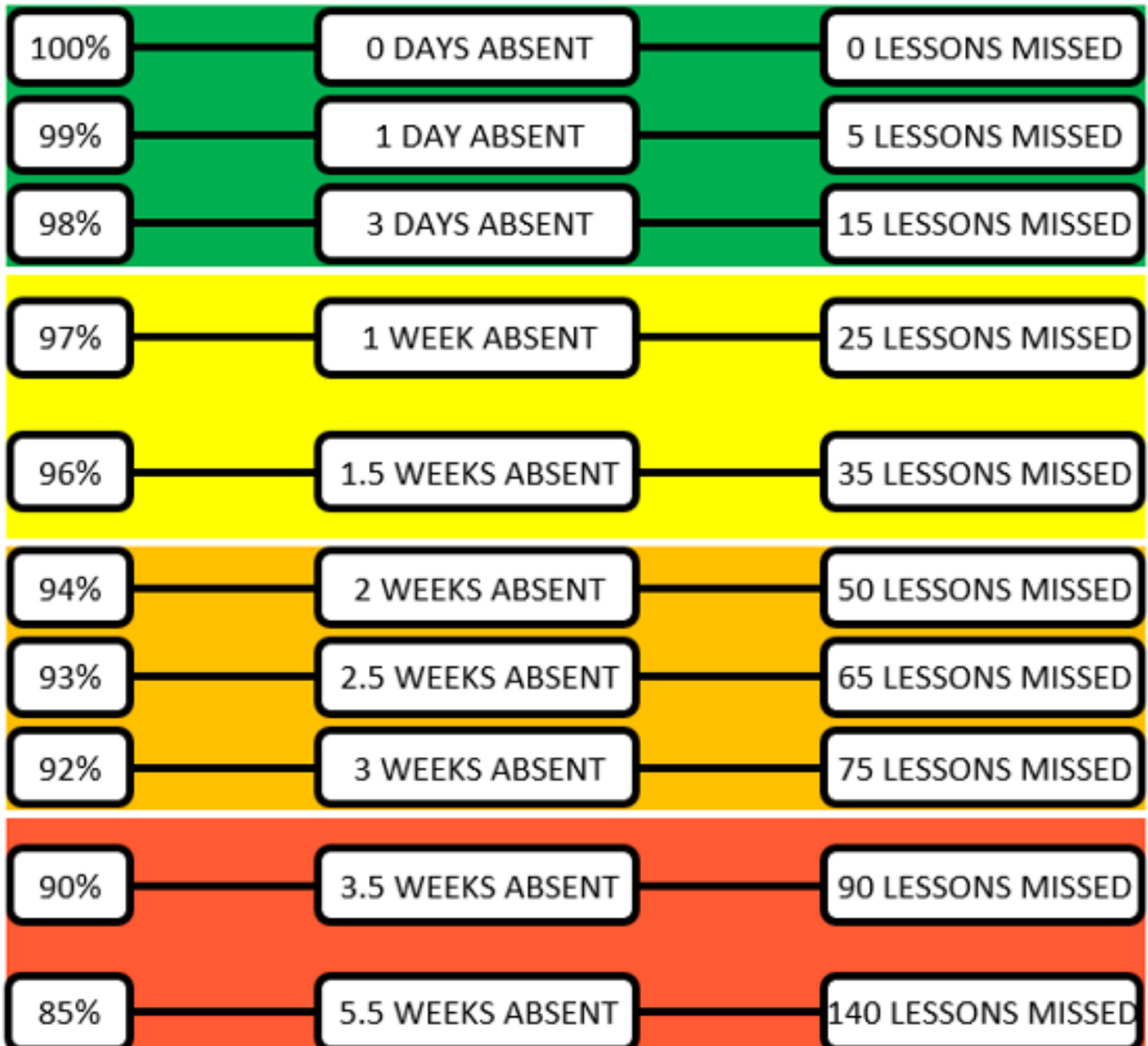


BROADLAND BULLETIN

Principal: Matthew Sprake
Vice Principal: Simon Laycock

14th June 2024

Excellent attendance matters!



**Be the best you.....
ATTEND EVERY LESSON, EVERY DAY ON TIME.**



In keeping with our commitment to provide students with outstanding careers guidance and tailored support when choosing their next steps after school, Broadland will shortly be using Unifrog, an award-winning, online destinations platform. All students in all Years will have access to this website by the end of the academic year.

We will begin with Year 10 students to enable them to add work experience placements - we will send Y10 students and their parents further information about how to do this next week.

Students access the platform by clicking a link in their welcome email, which will also be sent to their school email address next week. They will then be able to create a password and can begin using the platform.

They will sign in to Unifrog using their academy email address and password and they can do so from any computer, tablet, or smartphone. We would encourage you to use the platform with your child so you can support them through the process of deciding their next step.

Unifrog is the universal destinations platform and is designed to support learners in making the most informed decisions about their futures and has a range of tools that are suitable for all year groups. Each student has their own account where they can explore all the career and next step options available to them and find information on everything from managing their workload to writing a winning CV. Students have access to a wide variety of video and written content, and interactive quizzes and tests, including:

Section of the platform	Examples of what students can do	Suitable age range
Quizzes	Finding their interests, personality type, preferred work environment, and skillset.	Years 7-11
Exploring pathways	Explore careers, career sectors, subjects, sign up to free webinars, explore MOOCs and courses, and find wider reading materials.	Years 7-11
Recording what you've done	Record their in-class and extracurricular activities, record examples of their skills, and see the record of CEIAG events the school has added to their accounts.	Years 7-11
Work experience placements	Record their work experience placement, keep track of its approval process, fill in a day today placement diary.	Year 10



OAT in Bloom

[OAT]
Ormiston Academies Trust
ACHIEVING MORE TOGETHER

2024 will see the 60th anniversary of Britain in Bloom. Over the years, Britain in Bloom has continued to bring people together, forged life-long relationships and enriched lives. The theme for this milestone year is 'friendship', and you are invited to get involved in an OAT competition, 'OAT in Bloom'.

The hope is that this event will inspire each OAT academy and their communities to make positive changes to their local environment through horticultural, environmental and community action.

This is an exciting time for all you green fingered students, staff, parents, and families to get gardening. Whether you are planting hanging baskets or raised planters, from vegetables patches to gardens, whatever you choose to grow and nurture, now is your time to shine.

Please submit evidence of your gardening project as photos to eco@ormistonacademies.co.uk.

- Each submission email should have the title 'OAT in Bloom'.
- Each submission must have the name of the person submitting. For pupils, please add age and year group.
- Each submission should include the academy name.

Deadline to submit is the end of the summer term 2024. Winners will be announced in **September 2024**.

Competition categories and requirements:

Best wild meadow

The goal of this category is allowing an area to return to nature and allow biodiversity to flourish.

Best garden design on paper

The goal of this category is to submit a garden designed on paper, fully annotated with a minimum of five labels explaining the garden design.

Most colourful display

The goal of this category is to create the most colourful planting display with the most impact

Best mini marvel

The goal of this category is to effectively utilise space and create a visual display of colour creatively with design and layout in a miniature space.

Best raised bed, container planting, including hanging baskets

The goal of this category is to effectively grow within raised beds, containers or in hanging baskets, being resourceful and eco-friendly in what is being used as containers

Best vegetable patch/fruit orchard/greenhouse

The goal of this category is to showcase the sustainability of food growing and its benefits for health and wellbeing.

Best community garden

The goal of this category is to develop an outdoor space that improves the local community/neighbourhood

Any questions please contact eco@ormistonacademies.co.uk.



for your information

Introducing the new FYI website for young people in Norfolk & Waveney

Norfolk and Waveney Children and Young People's Health Services have launched a brand-new website 'FYI' for those aged 11-24, who are seeking self-care advice, information and guidance about their health and wellbeing. The new website is validated by NHS clinicians and other professionals, making it a reliable source of information on topics such as, health, education, relationships, emotional and mental health and much more.



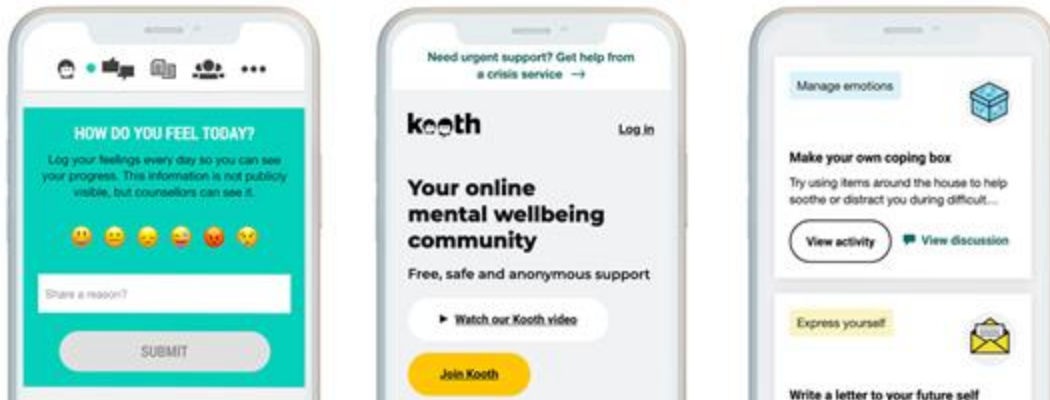
Using interactive content, downloadable resources and real-life experiences, FYI aims to empower young people to take control of their health and wellbeing, as well as providing information on accessing further local help and advice if needed.



www.fyinatorfolk.nhs.uk

14th June 2024

Kooth



Kooth is a web based confidential support service available to young people. Kooth provides a safe and secure means of accessing mental health and wellbeing support designed specifically for young people.

Kooth offers young people the opportunity to have a text-based conversation with a qualified counsellor. Counsellors are available from 12noon to 10pm on weekdays and 6pm to 10 pm at weekends, every day of the year on a drop-in basis. Young people can access regular booked online counselling sessions as needed. Outside counselling hours' young people can message our team and get support within 24 hours.

When students register with **Kooth** they will have support available to them now and in the future. Support can be gained not only through counselling but articles, forums and discussion boards. All content is age appropriate, clinically approved and fully moderated.

To find out more visit

www.Koothplc.com (adults)

www.kooth.com (young people)

where young people can register and others can find out more about the service.

You can also view a short video about the service at: <https://vimeo.com/318731977/a9f32c87de>.

14th June 2024

Safer Schools App

As part of OAT we have free access to the Safer Schools App. The Safer Schools App is an award-winning safeguarding resource, developed in partnership between Ineqe Safeguarding Group and Zurich Municipal, that helps entire school communities to better protect themselves in the digital world, through delivering contemporary and contextual safeguarding information to teachers, students, parents and carers.

Parents and carers have access to information on the popular social media platforms used by their children and their friends. They are also provided with an insight on critical issues such as bullying, sexting and gaming and are given easy to follow advice on how they can make their homes and the devices they give their children safer. Parents and carers can download the app and scan the QR code to the left or enter the code for our academy - 7675.

Students have access to age appropriate information, advice and guidance on keeping themselves safe online. Students can download the app and scan the QR code to the right or enter the code for our academy - 4898. If you have any questions or concerns about safeguarding please do not hesitate to contact one of the BHOA team.

danielleratcliffe@broadlandhighoa.co.uk rachelwyatt@broadlandhighoa.co.uk melaniestubbings@broadlandhighoa.co.uk

